



# Meridian Heights Hype

August 2025

## Principal's Message

### Meridian Heights School

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### Principal:

Treena Neumann  
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### Assistant Principals & Inclusive Education Leads:

Nicole Saulnier  
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### Website:

<https://meridianheights.psd.ca/>

Hello Meridian Heights School Students and Families!

I hope that everyone had a great summer and that you are enjoying these last few days before school begins. This is such an exciting time as we get ready for the start of a new school year and, on behalf of the staff at Meridian Heights School, Mrs Lakusta, Mme Saulnier and I, we wish to extend a warm welcome to our new and returning students and families.

I am very grateful to serve as Principal of Meridian Heights School. We had an amazing year and we were so thrilled to be able to serve and support the Meridian Heights community! Our staff are hard at work getting ready to welcome our students back to their classes, and the first day can't come quickly enough! This school year will be filled with many opportunities to connect, learn, make memories, and build on all the incredible work that has been done in prior years to make Meridian Heights School such a great place to be. We are excited to be welcoming the REAL program as well as and Early Education program to Meridian Heights.

On our **first day of school, September 2**, we ask families to follow the parking and drop off signs to keep everyone safe and to use their designated doors to reduce congestion at the front entry. We have confirmation from the construction team that the road will be open to have access for busses and cars to our main parking lot. Should parents want to park and walk their children in, we ask that you park on 44 Avenue and walk across the field as we do not have confirmation that parking will be allowed on 43 Street. We will have extra supervisors out front to assist families. Our teachers will be both inside and out to greet their students and their families. REAL families and kindergarten families have been sent their staggered entry dates to begin their classes, and we welcome them to our Meet the Teacher and Supply drop off event. Early Education families will be contacted by their teacher and program with the information for their start dates and times.

Our focus this year is on connection, community, and collaboration, and to start this off, we would like to invite you to attend **Meridian Heights - Supply drop off and What's the Scoop on August 29 from 2pm - 4pm. The time is for families to come in and drop off all of the school supplies, meet the teacher and see where everyone enters the building.** During your time in the building we welcome families to pop by the small gym to pick up a sweet treat to kick off the school year. If you have any questions, please don't hesitate to reach out to us at the school, the office is open during construction and the phones are on! The staff of Meridian Heights School can't wait to see all of you—it's going to be a fantastic year!

Treena Neumann, Principal

## School Events and Calendar

Check out our [school website](#) to see our school's monthly calendar. Here you can filter by type of event and you can also add our calendar to your own iCal or Google Calendar. Please note that school starts on **Tuesday, September 2.**



**PARKLAND**  
SCHOOL DIVISION



## General Information

### Class Lists

We know that students and families are eager to see who their teachers will be for this year. We are working on getting this information out to you through PowerSchool as soon as possible, and thank you for your patience. Teachers will be sending out Welcome Emails with more information on prior to Friday, August 29.

### Parent Communication

As in previous years, homeroom teachers will be sending out weekly updates and communication via email.

We will share information through our Heights Hype Newsletter on a monthly basis. These are sent out at the start of each month and are accessible on our [website](#). Please let Ms Neumann know if there is any additional information that you would like to see in this newsletter. Your feedback is appreciated!

### Morning Breakfast Program & Snack Shack

We are excited to announce that both of these programs will begin the first week of school beginning September 2.



## 2025-2026 Meridian Heights Staffing

### English Programing

K/1 - Mrs Peck and Mrs Cloutier  
2- Mrs Gilchrist  
3- Mrs Paterson  
4- Ms Starling  
5- Ms Ubbing  
6- Mrs Fetter  
7- Ms Blanchard  
8- Ms Hogan  
9- Mrs Jones

### French Immersion Programing

K- Mme Pronovost  
K/1 - Mme Pelletier  
2- Mme Tremblay  
3- M Kubota  
4- Mme Scheetz  
5- Mme Fortin-Koga  
6- Mme Kirk  
7- Mme Jepsen and Mme Longpre  
8- M Cust  
9- Mme Watt

### REAL Programing

REAL JC- Mrs Clark  
REAL TC- Mrs Caffyn  
REAL CS - Mrs Stahmer

### REAL Educational Assistants -

Mrs Friskie Mrs Udholm  
Mrs Proulx Mrs McGinnis  
Mrs Abu Khazneh Mrs Boe  
Mrs Richards Mrs Haggerty

### Early Education Programing

EE AM - Mrs Mickelsen  
EE PM - Mrs Mickelsen

### EE Educational Assistants -

Mrs Ross  
Mrs Wales

### Educational Assistants - English and French Immersion Programs

Mrs Cadeau Mrs Taylor Mrs Guy Mrs Harman Mrs Zemlak

Office: Shelley Anderson and Lisa Anderson

Counselor: Ms Hee

### Teacher Specialist Programing

Music K-9: Mrs Huedepohl  
PE K-9: Mme Eddie and Mrs Forsberg  
Literacy and Numeracy Lead: Mme Gervais

Principal - Treena Neumann

Assistant Principal - Dana Lakusta

Assistant Principal - Nicole Saulnier



## General Information

# ECOLE MERIDIAN HEIGHTS MEET THE TEACHER AND SUPPLY DROP OFF!

We are kicking off the year by welcoming our families to come by **August 29 from 2pm - 4pm** to drop off their school supplies and meet the teacher!!

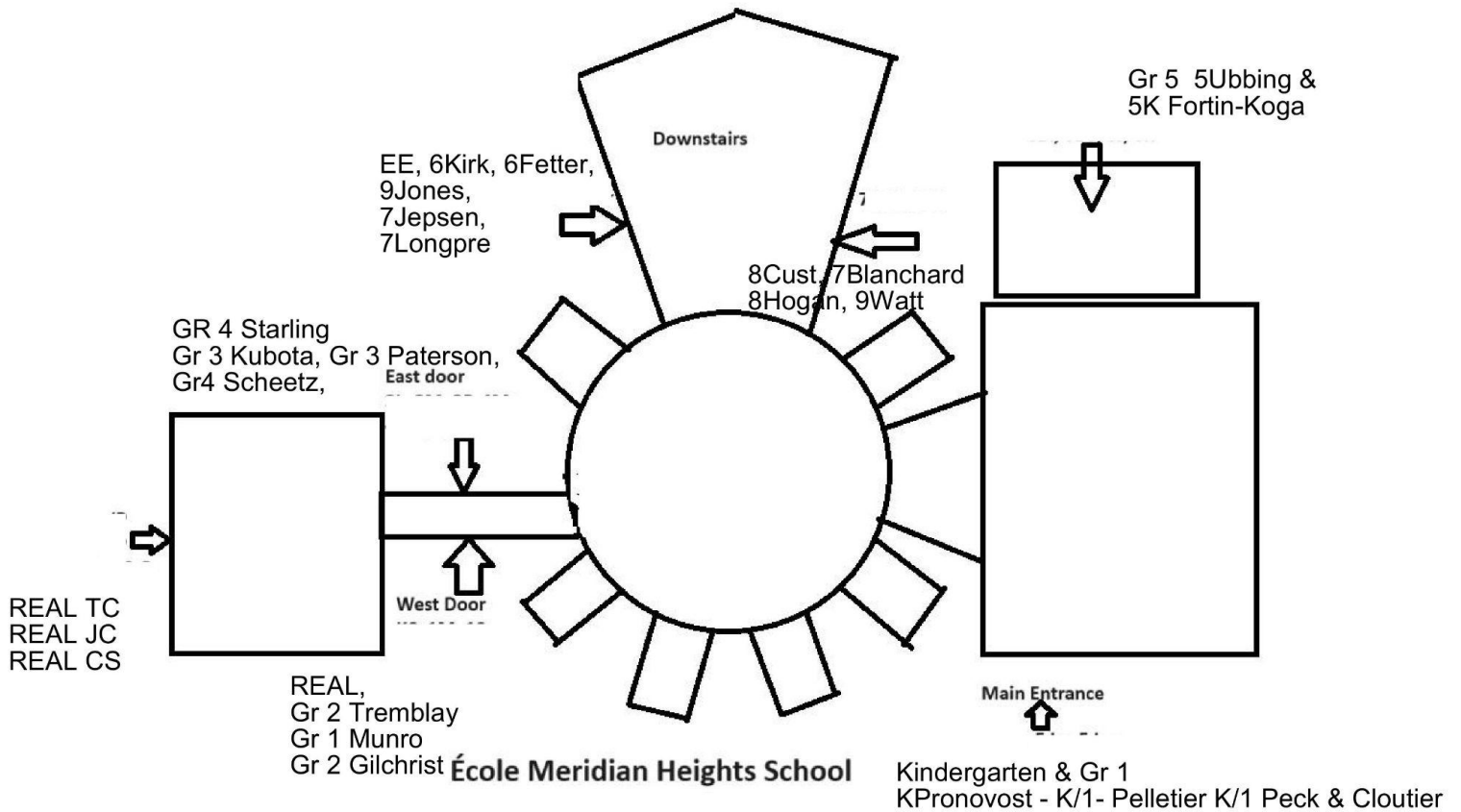




## General Information




### Ecole Meridian Heights School - Door Map







## General Information



# MERIDIAN 101

LET'S BUILD A  
STRONG  
COMMUNITY!

PIZZA AND  
CHILDCARE  
PROVIDED!

Question and information session on the who's who and what's what of Meridian School. Presented to you by school administration on September 10 at 6:00 pm in the Meridian Library.



### Meridian Heights Parent Information Session - Meridian 101!

We invite all Meridian families - returning and new to come to an information sessions that shares the whos who and what's what in at our amazing school. This is hosted and run by the Administration team - Dinner and Childcare will be provided. [Please sign up here!](#)



# School Council



Seeking fun, innovative and creative parents to share their ideas to make out school a fabulous community!



### Upcoming School Council Meeting

All Ecole Meridian Heights School families are invited to the first School Council meeting which will be on September 17 at 6pm. An agenda will be sent via email prior to the meeting. A huge thank you to those who came all of last year! Dinner and Childcare will be provided. [Please sign up here](#)



## General Information



All Assemblies begin at 2pm in the Gym.

# Meridian Heights SPIRIT ASSEMBLY

**September  
23 & 24**

**Picture  
Day**



### Meridian Heights Spirit Assembly!

Please join us again this year to celebrate and honour students in all classes that exhibit Meridian Spirit.

Each assembly will be presented by a combination of classes and will share the learning our students have engaged in on the different topics.

At the end of each assembly the Meridian Spirit Awards will be handed out to students in each homeroom.

Dates will be shared in the upcoming Hawks Hype and on our website!





## General Information



### Reporting and Assessment



## Expectations:

### Grades 1-3

5-6 marks across core subjects and comments on 2-3 assignments a month. An overall grade level of achievement for each core subject will be updated at the end of each month in terms of descriptors (INS, SAT, COM, EXC).

At Meridian Heights, we have shifted to ongoing reporting and feedback throughout the year instead of just mid year and end of the year report cards. All of our gr 1-9 teachers are regularly updating each student's PowerSchool by entering assignments and adding comments throughout the month. Instead of waiting for report cards, our parents can login to find out where their children are at in their learning at any time.

### Grades 4-6

6-7 marks across all subjects will be entered a month along with comments on major assignments (2-3 a month). Grade level of achievement will be reported in terms of descriptors (INS, SAT, COM, EXC).

### Grades 7-9

8-12 marks across all subjects will be entered a month along with comments on major assignments (2-3 a month). Grade level of achievement will be reported in terms of percentage.



Scan the QR Code for Instructions on how to access grades on PowerSchool





## General Information



# Ecole Meridian Heights School CELL PHONE POLICY

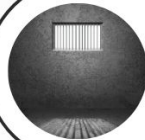


### STORE IT!

From the time you arrive at school to the time you are dismissed at the end of the day your cell phone must be stored in your locker. They are not permitted in classrooms, hallways, bathrooms, changerooms, outside at recess or anywhere other than your locker! Get a lock and use it. Don't share your combination.

### CHECK IT (BRIEFLY!)

You are permitted QUICK (and we mean quick) checks of your phone at your locker at the beginning of scheduled breaks such as recess and lunch break.



### THE CONSEQUENCE

Students seen with a personal device during the school day will have it confiscated. It will be stored in the office and you must speak very politely to our amazing office staff to retrieve it after the final bell of the day.

### OTHER TECHNOLOGY

These rules apply to other personal technology such as tablets, external speakers, gaming devices and music players as well. Apple watches may be worn during the school day if they remain in DND mode at all times.



### HEADPHONES

If headphones are required for in class work they need to be wired with a 3.5mm jack.

### BE KIND

There may be times you will be directed by a teacher to use your device for classroom activities or assignments. It is expected that you will stay on task. Know that you may be questioned by well meaning school staff as to why you have your phone on you! Respond nicely and let them know which teacher or class you are in so they can confirm.

