



# Meridian Heights Hype

April 2025

## Principal's Message

### Meridian Heights School

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#### Principal:

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<https://meridianheights.psd.ca/>

### April

April is upon us! I hope that you all had a wonderful Spring Break with your families. I'm sure that you are looking forward to green grass, blossoms and leaves on the trees as much as I am! We are looking forward to seeing all of our families in the building on Tuesday and Wednesday for Parent Teacher Interviews! If you have not yet booked an appointment [please click here](#). Please take a look at the lost and found tables in the main hallway as we are looking to donate any leftover items after next week.

March was a busy month with our students finishing strong to end the Basketball season, our students voices being heard at the Choral Celebration, and our very own Mrs Jennifer Jones being recognized as one of Parkland School Division's Edwin Parr nominees.

We have a very busy April coming up with the continuation of our Badminton season in full swing and our Meridian Heights Spirit Assembly. We have a special event at our School Council on Wednesday April 16 where we are asking all parents to come and share their thoughts regarding Education Planning at Meridian Heights. Please click [here for more information and to sign up](#).

We thank all of our families that have completed their registration for next year and for those that have yet to do so - please call the office for assistance if needed. We are working towards solidifying our staffing for next year and this information is crucial. A reminder there is no school April 18 and 21.

Your children never cease to amaze us with their endless energy, independence, and kindness. Thank you for all you do to help instill a love of learning.

Trenea Neumann-  
Principal

## School Events and Calendar

Check out our [school website](#) to see our school's monthly calendar. Here you can filter by type of event and you can also add our calendar to your own iCal or Google Calendar. There is **NO SCHOOL April 18 and 21**.



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## General Information

### PARENT STUDENT TEACHER CONFERENCES

Please book online on our  
website under the parents tab!

April 15 and 16  
4-7pm



[Click here to sign  
up for Parent  
Teacher Interviews](#)



## MERIDIAN HEIGHTS

### EDUCATION PLANNING

[Click here for more  
information and to sign up](#)

### PARENT ENGAGEMENT

Meridian Heights Administration &  
Associate Superintendent Scott Johnston

We are inviting all Meridian Heights  
School Families to join us in a  
conversation to inform our Education  
Development Plan. Please Sign up with  
the link or contact the office directly.

**WEDNESDAY APRIL 16**

**6 PM IN THE ART ROOM DURING SCHOOL  
COUNCIL**

The content of these sessions are intended for adults .  
Families are welcome to bring their children as childcare will be available.  
Student will be given the opportunity for sharing thoughts in a different sessions.





## General Information



Meridian Heights

# SPIRIT ASSEMBLY

All Assemblies begin at 2pm in the  
Gym.

Please join us this year to celebrate and honour students in all classes that exhibit Meridian Spirit. Each assembly will be presented by a combination of classes and will share the learning our students have engaged in on the different topics. At the end of each assembly the Meridian Spirit Awards will be handed out to students in each homeroom.

**May 23 - 2pm - We celebrate and succeed together! Me Voici Maintenant!**

Gr 4 Lande/McInroy & Gr 7 Anderson & Kindergarten Pronovost & Gr 5 Longpre & Gr 3 Munro





## General Information

*Congratulations to our Meridian Magic Recipients!*



*We belong and can solve  
problems together!  
J'appartiens!*





## Magic Athletics

### Athletics:

#### Badminton

Badminton is in full "SWING"! Both seniors and juniors have 4 match-ups this year and their playoffs will be May 5-8th. Gr 5/6s run Wednesdays at lunch and Friday's after school. Please reach out to your child's coach if needed.

Senior: Ms. Blanchard/Mme Kirk

Junior: Mrs. Mulroy

Grade 5/6: Mme. Letourneau/Mme. Pronovost

#### Track and Field Season

Track and field season is just around the corner. EMHS's junior high track meet will run all day on Monday, May 12 (rain out on 13th), while our grade 4-6 track meet will run on Thursday, May 29th (rain out June 2). To help the days run smoothly and keep it enjoyable for all, we are looking for volunteers who could help out with one or both of these track meets. If you are free and interested, please consider filling out this form.

#### Other important track dates:

- May 21: PCAA Zone 2 Track Meet for qualifying junior high students
- May 30: PCAA Track meet for qualifying junior high students
- June 3: Zone 5 Track Meet for qualifying junior high students
- June 5: PCAA West Track meet for qualifying gr 4-6 students

Soccer season will be starting shortly! All PCAA teams run 1 co-ed team. Any students who are in grades 7-9 are invited to sign up on the Phys Ed Bulletin Board. Games will start closer to the end of April.

#### Phys Ed

With some beautiful weather ahead we anticipate students may choose to wear sandals, crocs, slides etc. Please remind your child to bring an additional pair of running shoes to school on days they have phys ed so that they can safely and comfortably participate.





## General Information

### A Great Community Opportunity

#### Go Girl

Go Girl, is an exciting one-day event for girls ages 11-18! This regional collaboration aims to encourage teen girls to get active, have fun, and try something new in a supportive and energetic environment.

#### **Event Highlights:**

Go Girl offers a variety of fun and energetic activities, including yoga, gymnastics, taekwondo, and football. Whether they're trying something new or already love being active, this is a chance to build confidence, make new friends, and establish healthy habits for life. Lunch and snacks will be provided, all you need to bring is comfy clothes & a water bottle! We will also have Taylor McPherson and Katie Mulkay, winners of *Amazing Race Canada* Season 10, in attendance. They will conclude the day with a talk on leadership, teamwork, and strength.

#### **Program Details:**

- **Date:** Friday, May 16
- **Ages:** 11-18
- **Location:** Border Paving Athletic Centre, #100 - 9 Tri Leisure Way, Spruce Grove
- **Time:** 9 a.m. - 4:30 p.m.
- **Program Fee:** \$5 (If the fee is a barrier, please reach out to our team for subsidy options)

#### **Registration:**

[Go Girl - City of Spruce Grove](#)

Don't miss out on this amazing opportunity to get active, connect with others, and have fun!



### **Morning Breakfast Program & Snack Shack**

We are excited to announce that both of these programs are up and running! Grab and Go breakfast is in the small gym from 8:15- 8:35am daily and the Snack Shack is open beside the main office at recess and lunch!

### **GRAB AND GO BREAKFAST LUNCH AND SNACK SHACK**







## General Information



### Reporting and Assessment



## Expectations:

### Grades 1-3

5-6 marks across core subjects and comments on 2-3 assignments a month. An overall grade level of achievement for each core subject will be updated at the end of each month in terms of descriptors (INS, SAT, COM, EXC).

At Meridian Heights, we have been making the shift to ongoing reporting and feedback throughout the year instead of just mid year and end of the year report cards.

Starting in February, all of our teachers are regularly updating each student's PowerSchool by entering assignments and adding comments throughout the month. Instead of waiting for June report cards, our parents can login to find out where their children are at in their learning at any time.

### Grades 4-6

6-7 marks across all subjects will be entered a month along with comments on major assignments (2-3 a month). Grade level of achievement will be reported in terms of descriptors (INS, SAT, COM, EXC).

### Grades 7-9

8-12 marks across all subjects will be entered a month along with comments on major assignments (2-3 a month). Grade level of achievement will be reported in terms of percentage.



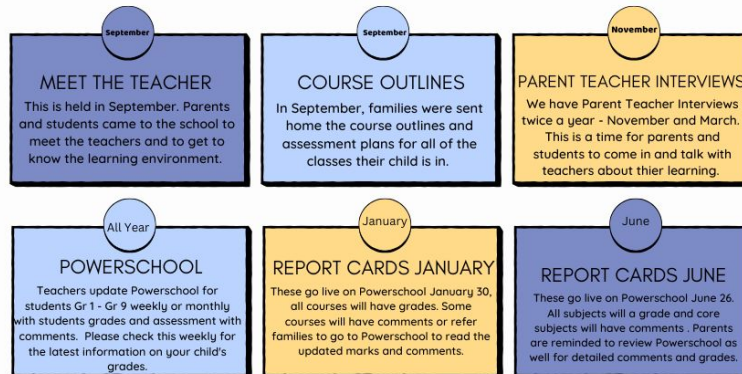
Scan the QR Code for Instructions on how to access grades on PowerSchool





## Assessment and Reporting at Ecole Meridian Heights School 2024 - 2025

### HOW TO KNOW HOW YOUR CHILD IS DOING:



## Assessment and Reporting for the 2024-2025 School Year



Semester 1 August 28 - January 30		Semester 2 February 1 - June 26	
Student Led Conferences	Semester 1 Report Cards	Student Led Conferences	Semester 2 REport Cards
November 20 & 21 4pm-7pm	Live on PowerSchool January 30, 2025	April 16 & 17 4pm -7pm	Love on PowerSchool June 26, 2025

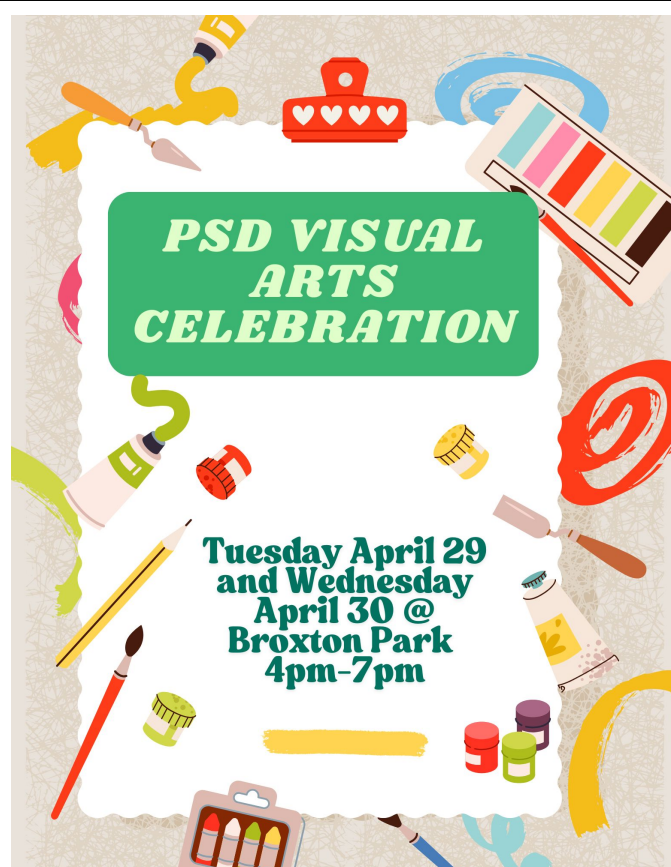
Regular updates and ongoing communication of student progress via PowerSchool take place throughout the year for grade 1-9.

Please reach out to your child's teacher if you have any questions or concerns.  
Call us at 780-963-2289 if you need support with your parent portal username/password. We will also be running a parent session at an upcoming School Council meeting.





## General Information



## BOTTLE DONATIONS

AWESOME!



AWESOME!



Meridian Heights has an account for donations at the Bottle Depot in Stony Plain.

If parents would like to donate bottles, simply take them to the depot, state that they are for Ecole Meridian Heights and that Mme Lisa Lalonde is the account representative.

Ask for a receipt and send that receipt to school with your name on it so that we can properly acknowledge your donation.



## WAYS TO ENCOURAGE SCHOOL ATTENDANCE



### GET READY

Help your child get organized for school the night before.



### SHOW INTEREST

Ask your child questions about school and celebrate accomplishments.



### TALK ABOUT IT

Discuss the importance of going to school every day and arriving on time.



### BE CONSISTENT

Maintain regular bedtime and morning routines.



### PLAN AHEAD

Schedule appointments and vacations for when school is not in session.



### REACH OUT

Contact teachers or school administrators about ways to help your child feel comfortable at school.



It's never too late to improve attendance.



PARKLAND  
SCHOOL DIVISION





## School Council and Fundraising

### Upcoming School Council Meeting

All Ecole Meridian Heights School families are invited to the next School Council meeting which will be on April 16. An agenda will be sent via email prior to the meeting. A huge thank you to those who could make our meeting in March ! Dinner and Childcare will be provided. [Please sign up here](#)



# School Council

Seeking fun, innovative and creative parents to share their ideas to make out school a fabulous community!



## GROWING SMILES FUNDRAISER FOR MHSAA

### Orders Due April 16

**ORDER FORMS WERE SENT HOME BUT MORE ARE IN THE OFFICE IF NEEDED**



### Stronger Together Newsletter

Each month, Parkland School Division's Learning Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. Each month we will provide you with information about mental health and ways we can work together to support your family. [Please click here to see the latest issue.](#)



The Canadian Parents for French (CPF) Annual General Meeting (AGM) is March 12 6:30-8 pm at Ecole Broxton Park in the learning commons.

