



Meridian Heights Hype

November 2024

Principal's Message

Meridian Heights School

4119-43 Street
Stony Plain, AB T7Z 1R2

Phone: 780-963-2289

Email: meridian@psd.ca

Principal:

Treena Neumann
treena.neumann@psd.ca

Assistant Principals & Inclusive Education Leads:

Nicole Saulnier
Nicole.saulnier@psd.ca

Dana Lakusta
dana.lakusta@psd.ca

Website:

<https://meridianheights.psd.ca/>

Welcome Winter!

The winter weather is upon us - snow and cold temperatures! It is chilly and cold many days and all mornings. Please make sure to send toques, mitts, snow pants, boots and any other winter gear so that your child can go outside for the full 15 minutes recess and 30 min lunch recess and/or other classes that may go outside. Our PSD Administrative Procedure 750 states we will be going **outside until the weather is colder than -23 including the wind chill**, this includes all of our students **Kindergarten to gr 9.**

November brought us an amazing Remembrance Day ceremony and a wonderful Meridian Spirit Assembly. Our next **Meridian Spirit Assembly is December 10 at 2pm** - We are safe, respectful learners! Je suis prêt à apprendre! Gr 1 Starling & Gr 6 Boer & Gr 1/2 Gervais & gr 6 Kirk!

As we move through a busy December, we look forward to our upcoming celebrations. We have our **Kinsmen Hampers that are collecting donations until December 16**, our **Winter Concerts** for Kindergarten - Grade 3 students and our Choir on **December 17 and 18** and the amazing **Meridian Christmas Market and Book Fair** on **December 4!** Our Athletics department has moved on from volleyball and has begun the basketball season. A reminder that Winter Break begins December 21 and we return to class in the New Year on January 6. There is **NO SCHOOL** from December 23 to January 5.

Thank you to all of our families for meeting with our teachers to discuss your child's learning during our Parent Teacher Student Conferences in November and for those who were able to attend the School Council meeting. We invite all of our Meridian Families to our next School Council meeting on **December 19 at 6pm** in the Library. Pizza and Childcare will be provided. Please sign up [here](#).

We value the time we have with your children and are grateful for your support. During this festive season, we wish you and your loved ones a safe and happy holiday!

Happy Holidays -

School Events and Calendar

Check out our [school website](#) to see our school's monthly calendar. Here you can filter by type of event and you can also add our calendar to your own iCal or Google Calendar. Please note Winter Break begins December 21 and we return to class in the New Year on January 6. There is **NO SCHOOL** from **December 23 to January 5.**



PARKLAND
SCHOOL DIVISION



General Information



Meridian Heights

SPIRIT ASSEMBLY

All Assemblies begin at 2pm in the
Gym.

Please join us this year to celebrate and honour students in all classes that exhibit Meridian Spirit. Each assembly will be presented by a combination of classes and will share the learning our students have engaged in on the different topics. At the end of each assembly the Meridian Spirit Awards will be handed out to students in each homeroom.

December 10 - 2pm - We are safe, respectful learners! Je suis prêt à apprendre!

Gr 1 Starling & Gr 6 Boer & Gr 1/2 Gervais & gr 6 Kirk

January 30 - 2pm - We set goals and include others! Je Suis Inclusif!

Gr 2 Sass & Gr Blanchard & Gr 9 Watt & Gr 2 Tremblay

February 28 - 2pm - We are honest and sincere! Je suis honnête.

Gr 8 Jones & Gr 3 Paterson & Gr 7 Eddie & Gr 4 Matheson and gr 1 Mateus

April 11 - 2pm - We belong and can solve problems together! J'appartiens!

Gr 7 Anderson & Kindergarten Peck & Gr 6 Jepsen & Gr 4/5 Scheetz & Cloutier Kindergarten

May 23 - 2pm - We celebrate and succeed together! Me Voici Maintenant!

Gr 4 McInroy & Gr 7 Anderson & Kindergarten Pronovost & Gr 5 Longpre & gr 3 Munro



General Information

Congratulations to our Meridian Magic Recipients!



*We are Unique!
Go Magic!
Je Suis unique!*



General Information



Winter Concert Information Page

We are thrilled and excited for our concerts this year! Classes will be performing together at times throughout the concerts. We have two concert times for our Kindergarten - Gr 3 families to view the concert. **Tuesday December 17 beginning at 1: 30 pm and Wednesday December 18 beginning at 11:00 am.** Due to this excellent ability to blend and bring together our students, we ask that **family limit the at number of people attending the concerts to 4 per student.** This will hopefully allow us to have enough space to fit everyone. The concerts will be seasonal concerts showcasing the hard work and enthusiasm of our students in our school! The main doors will be unlocked and open for audience members to enter 30 minutes prior to the start of the concerts, but not earlier, as we will be still setting up and doing last minute sounds checks.

Our Kindergarten Classes will be ONLY performing on their regular schools days -

- Mme Cloutier and Ms Peck's Kindergarten classes will ONLY perform on Tuesday December 17
- Mme Pronovost's Kindergarten class will ONLY perform on Wednesday December 18.

**** note update**Evening Choir Concert - Wednesday December 18th**

- **6:00 PM- Concert Performance**

Grade 4-6 performing at the Meridian Christmas Market -Wednesday, December 4th

- **See below on the chart**

| Time | Place | Group |
|----------------|-----------------|----------------------------------|
| 5:00-5:20 p.m. | Front of School | Carollers |
| 5:30 p.m. | Gathering Area | 4Matheson, 4McInroy, 4/5 Scheetz |
| 5:45 p.m. | Small Gym | Carollers |
| 6:00 p.m. | Gathering Area | 5 Longpre, 5 Lalonde, 6Boer |
| 6:15 p.m. | Gathering Area | Carollers |
| 6:30 p.m. | Gathering Area | 6 Kirk 6 Jepsen, 6 Blanchard |
| 6:45-7:10 p.m. | Front of School | Carollers |
| 7:30-7:45 p.m. | Small Gym | Carollers |



General Information



MERIDIAN CHRISTMAS MARKET

THE LIBRARY WILL BE
OPEN WITH OUR
SCOLASTIC
BOOKFAIR!

DECEMBER 4 - 5PM-8PM
COME AND CHECK OUT ALL OF THE
AWESOME STUDENT AND COMMUNITY
BOOTHS!



LIVE PERFORMANCES
FROM OUR
GR 4,5 AND 6 MUSIC
STUDENTS!



We are excited to announce that the second annual Meridian Christmas Market will be taking place between 5pm to 8pm on Wednesday December 4th, 2024. This event is open to the community, so please tell your family and friends to come check it out!

The evening will be filled with vendors, Book Fair, choir performances and a kids craft station as well as poinsettias for sale

We are once again looking for student and community vendors. If you would like to participate, please use the attached form to reserve a table. [2024 MCM Vendor Contract](#) This application must be returned to the office at ÉMHS with payment attached to reserve your spot.

Morning Breakfast Program & Snack Shack

We are excited to announce that both of these programs are up and running! Grab and Go breakfast is in the small gym from 8:15- 8:35am daily and the Snack Shack is open beside the main office at recess and lunch!





General Information

Looking for the following unwrapped items to make some kids' Christmas a little more cheerful:

Markers
Colouring Books
Games
Decks of Cards
Fuzzy socks
Fun socks
Slippers
Toys
Gift Cards to Ardenes',
Winners, GameStop,
Amazon, Bath and Body
Works, Claire's, Old Navy
Mittens
Gloves
Tuques

Thank you for your continued support of the Kinsmen Christmas Hampers!

Kinsmen Christmas Hampers



Collecting until
December 16

No food items will be
accepted - please
donate to Parkland Food
Bank

Please send donations with
your child after Fall Break!

Great Ideas:

- Gift Cards in \$25 increments for Sobeys, Safeway and Coop
- Gift cards in \$25 increments to Chapters, Toys R Us, Walmart
- Unwrapped Gifts for all ages



Stronger Together Newsletter

Each month, Parkland School Division's Learning Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. Each month we will provide you with information about mental health and ways we can work together to support your family. [Please click here to see the latest issue.](#)





General Information



SCHOLASTIC

Book Fair

December 2-6
In the Library!



JOIN OUR

SANTA SHUFFLE

DECEMBER 7
@10:00AM

2KM OR 5KM FUN RUN

RUNDLE FAMILY
CENTRE, 113 AVE NW,
EDMONTON

Santa Shuffle - December 7th, 2024

The Santa Shuffle has been a Meridian Heights tradition for many years. The event takes place in Edmonton, where you can choose to run the 5km or walk the 2km. All proceeds go directly to the services provided by the Salvation Army. Your registration fee includes a long-sleeve running shirt, a medal that doubles as a Christmas tree ornament, and treats like hot chocolate and a sausage on a bun. Plus, Santa Claus will be there to spread some holiday cheer! This is something I really enjoy, and I love seeing our students' faces at the event. If you have any questions, please feel free to reach out to Mrs. Forsberg or Mme. Munro.

<https://www.santashuffle.ca/>



School Council



*You are invited to
the Annual
Education Results
Report Review*



*Thursday November
27, 4pm in the
Library*





General Information



Assessment and Reporting for the 2024-2025 School Year



| Semester 1 August 28 - January 30 | | Semester 2 February 1 - June 26 | |
|--------------------------------------|---|------------------------------------|-----------------------------------|
| Student Led Conferences | Semester 1 Report Cards | Student Led Conferences | Semester 2 REport Cards |
| November 20 & 21 4pm-7pm | Live on PowerSchool January 30, 2025 | April 16 & 17 4pm -7pm | Love on PowerSchool June 26, 2025 |

Regular updates and ongoing communication of student progress via PowerSchool take place throughout the year for grade 1-9.

Please reach out to your child's teacher if you have any questions or concerns. Call us at 780-963-2289 if you need support with your parent portal username/password. We will also be running a parent session at an upcoming School Council meeting.

BOTTLE DONATIONS

AWESOME!



Meridian Heights has an account for donations at the Bottle Depot in Stony Plain.

If parents would like to donate bottles, simply take them to the depot, state that they are for Ecole Meridian Heights and that Mme Lisa Lalonde is the account representative.

Ask for a receipt and send that receipt to school with your name on it so that we can properly acknowledge your donation.

WAYS TO ENCOURAGE SCHOOL ATTENDANCE

GET READY

Help your child get organized for school the night before.



SHOW INTEREST

Ask your child questions about school and celebrate accomplishments.



TALK ABOUT IT

Discuss the importance of going to school every day and arriving on time.



BE CONSISTENT

Maintain regular bedtime and morning routines.



PLAN AHEAD

Schedule appointments and vacations for when school is not in session.



REACH OUT

Contact teachers or school administrators about ways to help your child feel comfortable at school.



It's never too late to improve attendance.





Magic Athletics

Basketball Season

We are so excited for the turn out at tryouts for all of our basketball teams last week! Teams have been created, practices have begun and seeding games will happen the week of Dec 2nd for Senior teams and the week of Dec 9th for our Juniors. Our Junior B program (grade 5s and 6s) has started and will continue on Fridays from 3:15 - 4:15pm. They will have some exhibition games in the new year. Thanks so much to our incredible coaching staff who will be working with these young athletes:

Sr. Girls: Mrs. Scheetz and Laura Bell
Sr. Boys: Mr. Penner and Blaine Bretzlaff
Jr. Girls: Mrs. Boer
Jr. Boys: Mrs. Forsberg and Alex Cruz
Jr B (Gr 5/6) Girls: Mme. Jepsen
Jr B (Gr. 5/6) Boys: Alex Cruz

Spectators are always encouraged to come out and support our teams, but are reminded to show respectful behaviour to not only Meridian teams, but to all participants in the game: opponents, coaches and officials. Recently, Alberta Basketball Association (ABA) has launched the Blue Whistle Program, a provincewide initiative encouraging respectful treatment of new basketball officials.



In short, new officials will be using a distinctive and easily identifiable blue whistle which serves as a visual reminder to everyone in the gym of the program slogan, **“When the whistle is blue, the official is new”**. Just like we would give a rookie player room to grow and make mistakes, we have to afford this same level of grace to our new officials.



School Council and Fundraising

Upcoming School Council Meeting

All Ecole Meridian Heights School families are invited to the next School Council meeting which will be in December 19 at 6pm. An agenda will be sent via email prior to the meeting. A huge thank you to those who could make our meeting in November!

We look forward to more joining us for our School Council and Meridian Heights School Advisory Association (MHSAA) on December 19 at 6pm in the Library. Pizza and Childcare will be provided. [Please sign up here](#)



School Council



Seeking fun, innovative and creative parents to share their ideas to make out school a fabulous community!

