



# Meridian Heights Hype

End of September 2024

## Principal's Message

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**Website:**  
<https://meridianheights.psd.ca/>

Welcome to Fall!

I hope you are all enjoying the beautiful weather and feeling rested for another week of Meridian action! It certainly has been a busy last few weeks, but routines are falling into place, and everyone is finding their groove. Next comes the part where kids feel safe to start testing their boundaries in their new environments. This is very normal, and our staff may reach out to parents if they need to close the loop with home to help with follow through. Thank you for all you do to support our kids! We welcome families to reach out to their classroom teacher or the office with any questions.

Thank you to the families that were able to join us on September 25 for Meridian 101 and we look forward to more joining us for our School Council and Meridian Heights School Advisory Association (MHSAA) on October 17 at 6pm in the Library. Pizza and Childcare will be provided. Please sign up [here](#).

Our next community building event is The Meridian Heights Cross Country Race on October 10! A huge thank you goes to Mme Pronovost and Ms Forsberg and Mme Kerr - and all the volunteers for planning such an important event!

September 27th is PSD and Meridian's Orange Shirt Day, where all students will engage in learning and understanding indigenous perspectives and ways of knowing. There is NO SCHOOL September 30 for the National Day for Truth and Reconciliation. October 1 and 2 are Picture Day!

It has been great to see all of our students this week! The excitement and energy has been wonderful and we look forward to a great year of learning, experiences and community building.

Trenea Neumann - Principal

## School Events and Calendar

Check out our [school website](#) to see our school's monthly calendar. Here you can filter by type of event and you can also add our calendar to your own iCal or Google Calendar. Please note that there is **NO SCHOOL - September 20 and September 30**.



**PARKLAND**  
SCHOOL DIVISION



## General Information

# THANK YOU!!



THANK YOU TO THE GOOD BUY TO HUNGER CAMPAIGN RUN BY CO-OP NORTH CENTRAL! WE ARE SO EXCITED TO RECEIVE THE SUPPORT FOR OUR GRAB AND GO BREAKFAST AND SNACK SHACK PROGRAM!



## Every Child Matters

On September 27 students and staff of Ecole Meridian Heights School will be observing National Truth and Reconciliation Day by wearing Orange Shirts and participating in classroom events and activities to honour the lost children and Survivors of residential schools, their families and communities. There is **NO SCHOOL** on September 30, 2024.

## Morning Breakfast Program & Snack Shack

We are excited to announce that both of these programs are up and running! Grab and Go breakfast is in the small gym from 8:15- 8:35am daily and the Snack Shack is open beside the main office at recess and lunch!





## General Information

### Stronger Together Newsletter

Each month, Parkland School Division's Learning Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. Each month we will provide you with information about mental health and ways we can work together to support your family. [Please click here to see the latest issue.](#)



thank you!



Thank you to our very own Meridian Heights School Advisory Association (MHSAA) and Mud Sweat and Gear!!

Through MHSAA fundraising efforts and support from Mud Sweat and Gears, Meridian students have brand new equipment for the classroom recess bins and brand new helmets to use on the the ice this winter!!



## General Information

bonjour au revoir  
comment ça va à bientôt

### Gr. 9 Quebec Trip Meeting

Information, Sign Up and Forms

October 2, 2024

Broxton Park Learning Commons

6pm-7pm

We value everyone's time. In the interest of increased efficiency we will be having limited information nights. Your attendance is essential for a smooth trip experience.



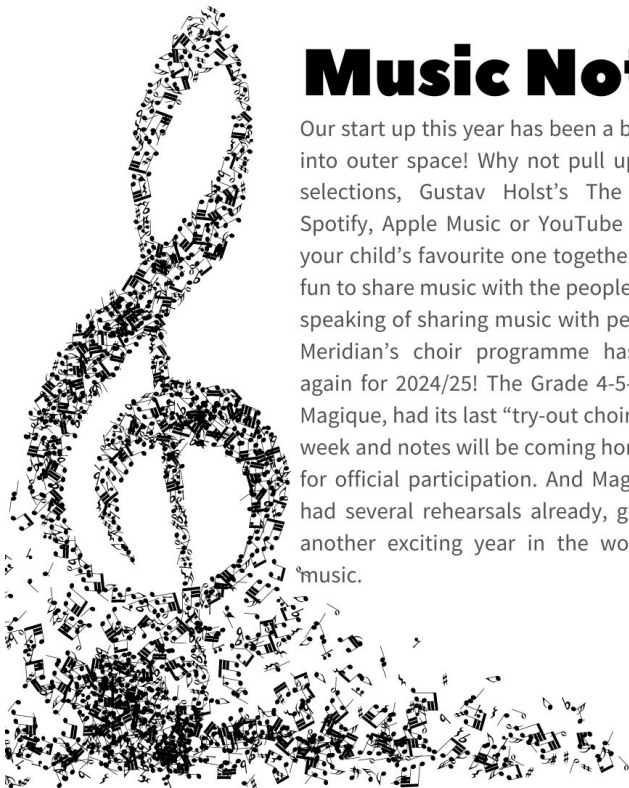
# PICTURE DAY!

## October 1 and 2

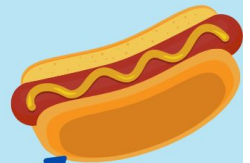


### Music Notes:

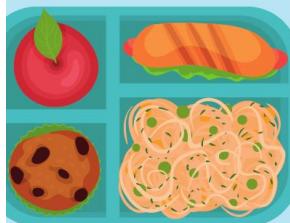
Our start up this year has been a blast... a blast into outer space! Why not pull up our current selections, Gustav Holst's The Planets, on Spotify, Apple Music or YouTube and listen to your child's favourite one together? It is always fun to share music with the people we love. And speaking of sharing music with people we love, Meridian's choir programme has started up again for 2024/25! The Grade 4-5-6 Choir, Mini Magique, had its last "try-out choir" session this week and notes will be coming home next week for official participation. And Magic Voices has had several rehearsals already, gearing up for another exciting year in the world of choral music.



# Hot Lunch Volunteers NEEDED!!



Please reach out to [emshotlunch@gmail.com](mailto:emshotlunch@gmail.com) ,  
if you are free to help out our awesome parent volunteers!  
Without volunteers, we cannot provide the service!





## Magic Athletics

### Athletics News

Our wonderful PE Specialist Mrs Mulroy, Mme Kerr, and Mrs Forsberg will be sharing information throughout the year in this section!

### Cross Country

The Cross Country Season has begun for our students!

Thank you to Mme Pronovost, Ms Forsberg, Mme LeBritton and Ms Peck!  
Meridian is hosting our cross country race on Thursday, October 10th.

### Volleyball Season

The season is underway! [Please check here for the Volleyball Schedule!](#)

Thank you to our amazing Volleyball coaches:

Sr. Girls - Mulroy & Jones (Asst)

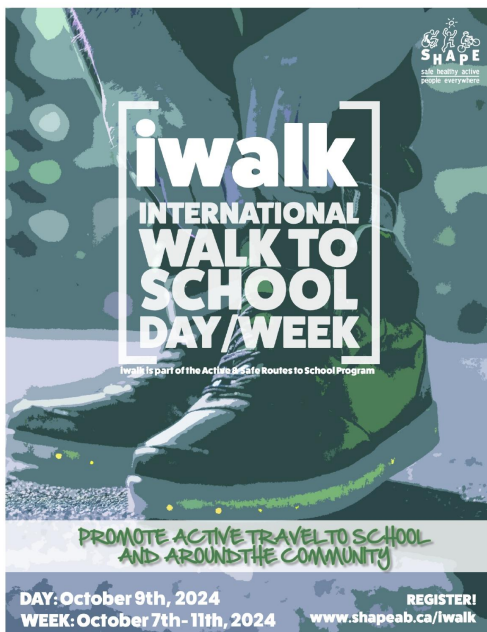
Sr. Boys - Kirk

Jr. Girls - Kerr & Blanchard

Jr. Boys - \*no team

Developmental (Junior B)

-Girls & Boys - Letourneau & Jepsen



International Walk to School Week is Oct 7-11th and we are promoting active transportation to and from school! We are encouraging all staff and students to walk, bike, or scooter to school for that week - specifically Wednesday October 9th! For students who need to be driven to school, consider having your driver drop you off a few blocks away from school! If you take the bus, consider walking around the perimeter of the school grounds with a friend to get some steps in when you arrive!



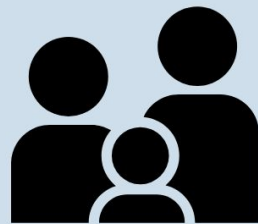
## School Council and Fundraising

### Upcoming School Council Meeting

All Ecole Meridian Heights School families are invited to the first School Council meeting which will be in October. We are in search of a new School Council Chair, or co-chairs. During the meeting the election will be held to nominate our Chair, Vice-chair, and the secretary! An agenda will be sent via email prior to the meeting.

A huge thank you to those who could make our Meridian 101 parent night! [Click here for the presentation that was shared that night!](#)

We look forward to more joining us for our School Council and Meridian Heights School Advisory Association (MHSAA) on October 17 at 6pm in the Library. Pizza and Childcare will be provided. [Please sign up here](#)



# School Council



Seeking fun, innovative and creative parents to share their ideas to make out school a fabulous community!





## Community News!

# Clothing Swap



10AM - 2PM

SEPT  
28



STONY PLAIN  
ALLIANCE CHURCH

2 Keystone Drive, Stony Plain



STONY PLAIN  
ALLIANCE CHURCH

# Clothing Swap

When

SATURDAY **SEPT 28** 10AM - 2PM

Where

2 KEYSTONE DRIVE, STONY PLAIN

BRING YOUR OWN BAGS TO SHOP

To contribute, drop off your gently used clothing at the church on Friday, Sept 27 between 4-7 PM for sorting.

# CANADIAN PARENTS FOR FRENCH ALBERTA



Canadian Parents for French is running their fall Apple Fundraiser! Forms went out this week and need to be back prior to October 4! CPF supports many amazing events and opportunities for French Immersion Parents!