



Meridian Heights Hype

September 2024

Principal's Message

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Welcome to the Official September Heights Hype!

At the start of every month the administration team works together to build a newsletter to capture what has been happening over the month in the school and to inform families of upcoming events. Teachers send out weekly updates to families about their specific grade and classroom activities. We welcome families to reach out to their classroom teacher or the office with any questions.

We really enjoyed seeing everyone out on, September 5 for What's The Scoop? It was wonderful to meet many of you and to have our students tour their families around the school!

Our next community building event is the Terry Fox Run this Thursday afternoon, September 19. Teachers will have already sent home information on the times your child's grade will start the run and there will be popsicles at the end of the run for all of the students! A huge thank you goes to Mme Lalonde for planning such an important event!

We are hosting a very important and fun information session on Wednesday September 25 at 6pm in the Library, Pizza and child care will be provided! Please sign up [here](#) so we order the correct amount of pizza and have enough staff for childcare :)

September 27 is PSD and Meridian's Orange Shirt Day, where all students will engage in learning and understanding indigenous perspectives and ways of knowing.

It has been great to see all of our students this week! The excitement and energy has been wonderful and we look forward to a great year of learning, experiences and community building.

Treena Neumann - Principal

School Events and Calendar

Check out our [school website](#) to see our school's monthly calendar. Here you can filter by type of event and you can also add our calendar to your own iCal or Google Calendar. Please note that there is **NO SCHOOL - September 20 and September 30.**



PARKLAND
SCHOOL DIVISION



General Information



MERIDIAN 101

LET'S BUILD A
STRONG
COMMUNITY!

[Sign up here for
Childcare and
Pizza!!](#)

PIZZA AND
CHILDCARE
PROVIDED!

Question and information session on the who's who and what's what of Meridian School. Presented to you by school administration on September 25 at 6:00 pm in the Meridian Library.



Every Child Matters

On September 27 students and staff of Ecole Meridian Heights School will be observing National Truth and Reconciliation Day by wearing Orange Shirts and participating in classroom events and activities to honour the lost children and Survivors of residential schools, their families and communities. There is **NO SCHOOL** on September 30, 2024.

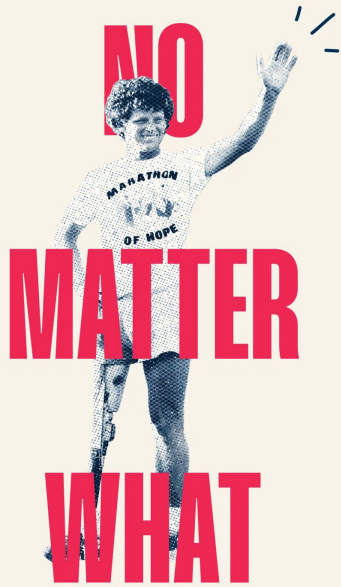
Morning Breakfast Program & Snack Shack

We are excited to announce that both of these programs are up and running! Grab and Go breakfast is in the small gym from 8:15- 8:35am daily and the Snack Shack is open beside the main office at recess and lunch!





General Information



Terry Believed in a world
without cancer

Terry Fox School Run

Meridian Heights Terry Fox Run! Thursday September 19, 2024 -

1:30 PM - K-3 begin the run

1:45 PM - 4-6 begin the run

2:00 PM - 7-9 begin the run

We will be collecting Toonies for Terry to support cancer research - our goal is to raise \$1000!

Stronger Together Newsletter

Each month, Parkland School Division's Learning Services team compiles a newsletter for parents and guardians of students. Inside you will find information, opportunities and strategies to help you and your family connect with us on your child's educational journey. Each month we will provide you with information about mental health and ways we can work together to support your family.

[Please click here to see the latest issue.](#)

ECOLE MERIDIAN HEIGHTS SCHOOL STAFF.

In addition to the new staff announced in our August Flyover, we are happy to welcome Ms. Allison Sass to the grade Two teaching team. She comes to us from Ecole Broxton Park School!





General Information



Ecole Meridian Heights School CELL PHONE POLICY

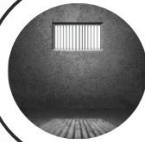


STORE IT!

From the time you arrive at school to the time you are dismissed at the end of the day your cell phone must be stored in your locker. They are not permitted in classrooms, hallways, bathrooms, changerooms, outside at recess or anywhere other than your locker! Get a lock and use it. Don't share your combination.

CHECK IT (BRIEFLY!)

You are permitted QUICK (and we mean quick) checks of your phone at your locker at the beginning of scheduled breaks such as recess and lunch break.



THE CONSEQUENCE

Students seen with a personal device during the school day will have it confiscated. It will be stored in the office and you must speak very politely to our amazing office staff to retrieve it after the final bell of the day.

OTHER TECHNOLOGY

These rules apply to other personal technology such as tablets, external speakers, gaming devices and music players as well. Apple watches may be worn during the school day if they remain in DND mode at all times.



HEADPHONES

If headphones are required for in class work they need to be wired with a 3.5mm jack.

BE KIND

There may be times you will be directed by a teacher to use your device for classroom activities or assignments. It is expected that you will stay on task. Know that you may be questioned by well meaning school staff as to why you have your phone on you! Respond nicely and let them know which teacher or class you are in so they can confirm.





General Information

bonjour au revoir
comment ça va à bientôt

Gr. 9 Quebec Trip Meeting

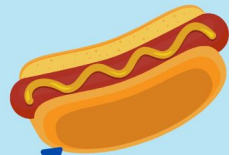
Information, Sign Up and Forms

October 2, 2024

Broxton Park Learning Commons

6pm-7pm

We value everyone's time. In the interest of increased efficiency we will be having limited information nights. Your attendance is essential for a smooth trip experience.



Hot Lunch Volunteers NEEDED!!

Please reach out to steffguertin@hotmail.com,
if you are free to help out our awesome parent volunteers!
Without volunteers, we cannot provide the service!





Magic Athletics

Athletics News

Our wonderful PE Specialist Mrs Mulroy, Mme Kerr, and Mrs Forsberg will be sharing information throughout the year in this section!

Cross Country

The Cross Country Season has begun for our students!
Meridian is hosting our cross country race on Thursday, October 10th.

Volleyball Season

The season is underway! Our teams are being selected and their seeding games have been played! The first tournament is this coming weekend! Please check out this area for more information as the season progresses!



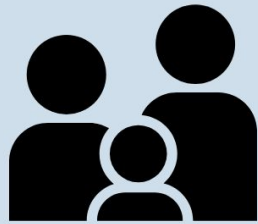


School Council and Fundraising

Upcoming School Council Meeting

Prior to our first official School Council meeting we want to invite all families to Meridian 101. This event is a whos who and a what's what about our awesome school! It will be held Wednesday September 25 at 6pm in the Library with pizza and childcare provided. Please sign up [here](#) so we order the correct amount of pizza and have enough staff for childcare :)

All Ecole Meridian Heights School families are invited to the first School Council meeting which will be in October. WE are in search of a new School Council Chair, or co-chairs. An agenda will be sent via email prior to the meeting.



School Council



Seeking fun, innovative and creative parents to share their ideas to make out school a fabulous community!

