



École Meridian Heights School
Complementary Courses (Options)
2024-2025

Semester 1 September - January

Description	Option	Assessment	Final project or presentation	Link to CTF	Cost	Teacher Name
Sports Performance - students will play a variety of sports in and out of the gym while also exploring future careers/scholarships within a sport of one's choice.	A ▾	Students will be assessed throughout the term on participation, skill and cooperation.	Students will hand in one final research project that will consist of choosing a sport of their choice and researching related scholarships as well as career opportunities.	Health, Recreation & Human Services Exploring interests and passions while making personal connections to career possibilities.	Free	Mme Kerr
Tourism-Do you want to explore a destination that you desire to visit one day? Maybe you have a dream holiday. Are you interested in a particular culture	A ▾	Students will be assessed throughout the term through individual assignments, group assignments, and projects.	Students will create between 4 and 6 projects, depending on the complexity and duration of each assignment.	Health, Recreation and Human Services (HRH) Exploring interests, passions and skills while making personal connections to career possibilities.	Free	Mme Eddie

<p>and like the food? This option allows you to learn about certain cultures and places to visit as well as explore places that interest you.</p>			<p>They will make a travel brochure and plan a trip as their final project to present to the class.</p>	<p>Working independently and with others while exploring careers and technology.</p>		
<p>The Business of Beauty - Are you passionate about makeup, hair, and nails? Do you dream of turning your creativity into a thriving business? Then this course is for you!</p> <p>Explore the exciting world of beauty and entrepreneurship. You'll learn essential makeup techniques, stylish hairstyles, and creative nail designs. But that's not all! We'll dive into the world of business, teaching</p>	<p>A ▾</p>	<p>Students will be assessed through individual and group assignments around their business and marketing and their participation in makeup, hair, nail, and esthetics skill development</p>	<p>Students will create a beauty business offering a variety of services at which the grades 5 and 6 students will come as their clients and they will offer and complete beauty services after which they will determine their profits. This will be done in groups of 4-5.</p>	<p>Health, Recreation and Human Services (HRH)</p> <ul style="list-style-type: none"> - Refining skills and technique around makeup, hair, and nail design to provide as a service <p>Cosmetology</p> <p>Business, Administration, Finance and Information Technology (BIT)</p> <ul style="list-style-type: none"> - Understanding and applying strategies around business creation & development, as well as marketing, accounting, etc. 	<p>\$20</p>	<p>Mme Watt</p>

<p>you how to start, own, and operate your very own beauty venture.</p> <p>By the end of this course, you'll have the confidence and skills to turn your passion into a successful business.</p>						
<p>Design studies : The Art of Craft! In this option, you will develop your creativity by taking the lead on artisanal project planning. You will be responsible for everything from design, research, planning and execution of your hand-crafted pieces which will allow you to explore and experience a wide variety of mediums through</p>	<p>A ▾</p>	<p>Throughout the term, students will have the opportunity to demonstrate their growth through individual assignments. Each task will thoughtfully consider their ability to take risks, solve problems, and showcase their creativity.</p>	<p>Students will create between 4 and 6 projects, depending on the complexity and duration of each assignment.</p>	<p>Design Studies (DES) 1. Project design and management skills 2. Principles of design, including balance, emphasis, proportion, repetition, unity, contrast, harmony, proximity and variety. 3. Elements of design: line, shape (2-D) or form (3-D), colour, texture, depth, light, direction, mass, tone (black and white) or value (colour) and space (positive and negative)</p>	<p>\$20</p>	<p>Mme Letourneau</p>

<p>different techniques. Additionally, with this hands-on experience, you'll be well-positioned to join the \$2.69 billion Etsy market, tapping into a vibrant community of artisans and entrepreneurs.</p>						
<p>Choral -- This is an all year option. Meridian Heights has a long standing tradition of a strong choral programme. Magic Voices is the senior level choir at EMHS where many students continue developing their singing skills after six years of previous choir participation. If you are looking for a place where you will find a</p>	<p>A ▾</p>	<p>Students are assessed throughout the year during class time. As choir is a performing art, assessment is instant and continual to produce the aesthetic of the larger work.</p>	<p>Presentations happen routinely throughout the school year: Remembrance Day Ceremonies, Christmas Concerts and Caroling Gigs, Community Events, Interschool and guest performances as well as year end concerts and performances.</p>	<p>The choir option follows the curriculum set up by Alberta Education which provides skills needed for choir in secondary and post secondary education.</p>	<p>Field Trip and Busing Costs \$50</p>	<p>Mrs. Huedepohl</p>

community, not just a class, and you enjoy singing, this option has your name on it!						
<p>Business Builders- Students will be building and marketing a brand. They will learn about creating a business, targeting an audience, budgeting, advertising, communication, and networking. They will bring their business plan to life and reflect on their sales.</p>	A ▾	Students will be assessed throughout the term through individual assignments, group assignments, and projects.	Final project: Students will work in groups to create a business plan; create a product, budget, advertise and sell their product. Their proceeds will go to a local charity of choice.	<p>Business: Financial Management (FIN) Plan, organize, direct, control and evaluate the operation of an accountant, auditor or financial service.</p> <p>Information Processing (INF) Gather information and process it from one form into another.</p> <p>Management & Marketing (MAM) Learn the processes associated with promotion for the sale of goods and services.</p>	\$20	Miss Blanchard
<p>Check Out Pom - Welcome to the world of pom! A dynamic and engaging dance style that features sharp motions, quick</p>	B ▾	Students will be assessed throughout the term through individual assignments, individual assessment of cheer and dance routines, and group presentations.	Final Presentation - in groups of 2-3 students will create and perform their own chant/cheer	<p>CTF is exploring interests, passions and skills while making personal connections to career possibilities.</p> <p>I explore my interests</p>	Free	Mrs. Jones

<p>transitions, and focuses on building your confidence while you cheer on your favorite team! No experience is required but a positive attitude and a willingness to learn is a must!</p>			<p>and 30 second routine. Students will be assessed on creativity, level of preparation and showmanship, and overall technique and execution.</p>	<p>and passions while making personal connections to career possibilities.</p>		
<p>Create Your Online World: Google Sites Web Design - Embark on an exciting adventure as you learn to create your very own online world! In this course, students will harness the power of Google Sites to design and build a vibrant, interactive website that showcases their unique interests</p>	<p>B ▾</p>	<p>Students will be evaluated through a combination of smaller skill checks and a final project, focusing on the development of their website. Assessments will include: Skill Checks: Throughout the course, students will complete various short assignments designed to assess their understanding of web design principles, content creation, and Google Sites</p>	<p>Final Project: The culmination of the course will be the creation of a fully functional website. Students will be assessed on their ability to apply the skills learned, including content relevance, design quality, interactivity, and overall presentation. This project will showcase their chosen</p>	<p>Information Processing (INF) Gather information and process it from one form into another Communication Technology (COM) Discover and develop skills related to technologies used to design, construct and relay a message for the purpose of connecting, informing, entertaining or selling products.</p>	<p>Free</p>	<p>Boer</p>

<p>and passions. From brainstorming ideas to mastering web design techniques, you'll develop valuable skills in creativity, communication, and digital storytelling. Get ready to bring your vision to life and share it with the world!</p>		<p>functionalities. These may include quizzes, design drafts, and peer reviews to ensure hands-on learning and feedback.</p> <p>Participation: Active engagement in class discussions and activities will also be considered as part of the overall assessment, emphasizing the importance of collaboration and communication in the learning process.</p>	<p>topic and demonstrate their creativity and technical proficiency</p>			
<p>Drama - students will take part in some improvisation games to build their confidence and ability to adapt to various fictitious scenarios. Students will also put together a small skit or play</p>	<p>B -</p>	<p>Students will be assessed throughout the term based on participation and engagement.</p>	<p>Students will put together a final skit in groups to present to the class at the end of term.</p>	<p>Communication</p> <p>Developing skills that support effective relationships and collaborating to achieve common goals. Learning how to adapt to change and unexpected events.</p>	<p>Free</p>	<p>Mme Kerr</p>

by the end.						
<p>Art - students will explore their creativity and expression of self through the use of pastels, crayons/markers, watercolor and acrylic paint, and other tools to create art projects on canvas, paper, and other types of materials.</p> <p>No previous experience is required as everyone is learning on their art journey!</p>	B ▾	Students will be assessed throughout the term through individual projects.	<p>Personal Portfolio - students will select pieces that they feel most reflect their growth and development over the term.</p> <p>The portfolio is a living document in the classroom and can be added to and taken away from as students develop their eye for art. The portfolio must contain between 4-6 pieces that the student believes shows their growth over the term.</p>	7-9 Art Program of Studies	\$10	Miss Anderson
Facilitating Fitness Activities	B ▾	A variety of assessment tools (rubrics,	Students will teach/lead/faci	Health, Recreation & Human Services	Free	Mrs. Mulroy

<p>for Young Children: Students will learn about and participate in fitness activities and also build the leadership skills required to lead a small group of elementary students in a fitness activity.</p>		<p>observations, assignments, projects) will be used to assess students'</p> <ul style="list-style-type: none"> -Leadership skills: 50% -Organization Skills: 25% -Knowledge of Fitness Training Concepts: 25% 	<p>litate a 20 minute fitness activity to a small group of Gr 2-5 students</p>	<p>Exploring interests and passions while making personal connections to career possibilities.</p>		
<p>French as Second Language (FSL) 7-9 (FULL YEAR)</p> <p><i>Languages open the door to other cultures and new ways of thinking.</i> French as a second language (FSL) for grades 7-9 is a continuation of the elementary program. [Students will] continue to expand their</p>	<p>B ▾</p>	<p>Performance Task Assessments related to Fields of Experience - 50% (2 projects to be completed per term)</p> <ul style="list-style-type: none"> ○ Participation (class discussion, conversational activities)- 15% Classwork, quizzes - (Grammar, Verb Conjugation and written assignments etc) 25% Reading Comprehension - 10% 	<p>FSL 7-9 Program of Studies</p>	<p>Free</p>	<p>Monsieur Cust</p>	

vocabulary and grammar through a variety of themes related to their daily lives. (description from AB Ed)					
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Semester 2 February-June

Description	Option	Assessment	Final project or presentation	Link to CTF	Cost	Teacher Name
Foods	A ▾	Students will be assessed throughout the term on participation and cooperation as well as safety and skills in the kitchen.	Each food product will be graded based on criteria such as appearance, taste and ability to follow instructions.	Health, Recreation and Human Services (HRH)	\$20	Miss Blanchard
Tourism-Do you want to explore a destination that you desire to visit one day? Maybe you have a dream holiday. Are	A ▾	Students will be assessed throughout the term through individual assignments, group assignments, and projects.	Students will create between 4 and 6 projects, depending on the complexity and duration of each assignment.	Health, Recreation and Human Services (HRH) Exploring interests, passions and skills while making personal connections to career possibilities.	Free	Mme Eddie

<p>you interested in a particular culture and like the food? This option allows you to learn about certain cultures and places to visit as well as explore places that interest you.</p>			<p>They will make a travel brochure and plan a trip as their final project to present to the class.</p>	<p>Working independently and with others while exploring careers and technology.</p>		
<p>The Business of Beauty - Are you passionate about makeup, hair, and nails? Do you dream of turning your creativity into a thriving business? Then this course is for you!</p> <p>Explore the exciting world of beauty and entrepreneurship. You'll learn essential makeup techniques,</p>	<p>A ▾</p>	<p>Students will be assessed through individual and group assignments around their business and marketing and their participation in makeup, hair, nail, and esthetics skill development</p>	<p>Students will create a beauty business offering a variety of services at which the grades 5 and 6 students will come as their clients and they will offer and complete beauty services after which they will determine their profits. This will be done in groups of 4-5.</p>	<p>Health, Recreation and Human Services (HRH)</p> <ul style="list-style-type: none"> - Refining skills and technique around makeup, hair, and nail design to provide as a service <p>Cosmetology</p> <p>Business, Administration, Finance and Information Technology (BIT)</p> <ul style="list-style-type: none"> - Understanding and applying strategies around business creation & development, as well as marketing, 	<p>\$20</p>	<p>Mme Watt</p>

<p>stylish hairstyles, and creative nail designs. But that's not all! We'll dive into the world of business, teaching you how to start, own, and operate your very own beauty venture.</p> <p>By the end of this course, you'll have the confidence and skills to turn your passion into a successful business.</p>				<p>accounting, etc.</p>		
<p>Design studies : The Art of Sewing! Unleash your creativity and embark on a stitching adventure with</p>	<p>A ▾</p>	<p>Throughout the term, students will have the opportunity to demonstrate their growth through individual assignments. Each task will thoughtfully consider their ability to take risks,</p>	<p>Students will create between 4 and 6 projects, depending on the complexity and duration of each</p>	<p>Design Studies (DES) 1. Project design and management skills 2. Principles of design, including proportion, repetition and variety. 3. Elements of design: form (3-D), color,</p>	<p>\$10</p>	<p>Mme Letourneau</p>

<p>our unique hand-sewing and textiles course! Dive into the world of needle and thread as you discover the art of mending, repurposing, and crafting small wonders. From giving new life to worn-out favorites to crafting delightful small projects, you'll master the art of textiles with hands-on, innovative techniques. Join us and thread your way to a world where every stitch tells a story!</p>		<p>solve problems, and showcase their creativity.</p>	<p>assignment.</p>	<p>texture, mass, tone (black and white) or value (color) and space (positive and negative)</p>		
<p>Choral -- This is an all year option.</p>	<p>A ▾</p>	<p>Students are assessed throughout the year during class time. As</p>	<p>Presentations happen routinely</p>	<p>The choir option follows the curriculum set up by Alberta Education which</p>	<p>Field Trip and</p>	<p>Mrs. Huedepohl</p>

<p>Meridian Heights has a long standing tradition of a strong choral programme. Magic Voices is the senior level choir at EMHS where many students continue developing their singing skills after six years of previous choir participation. If you are looking for a place where you will find a community, not just a class, and you enjoy singing, this option has your name on it!</p>		<p>choir is a performing art, assessment is instant and continual to produce the aesthetic of the larger work.</p>	<p>throughout the school year: Remembrance Day Ceremonies, Christmas Concerts and Caroling Gigs, Community Events, Interschool and guest performances as well as year end concerts and performances.</p>	<p>provides skills needed for choir in secondary and post secondary education.</p>	<p>Busing Costs \$50</p>	
<p>Business Builders- Students will be building and marketing a brand. They</p>	<p>A ▾</p>	<p>Students will be assessed throughout the term through individual assignments, group assignments, and projects.</p>	<p>Final project: Students will work in groups to create a business plan; create a</p>	<p>Business: Financial Management (FIN) Plan, organize, direct, control and evaluate the operation of an accountant,</p>	<p>\$20</p>	<p>Mr. Penner</p>

<p>will learn about creating a business, targeting an audience, budgeting, advertising, communication , and networking. They will bring their business plan to life and reflect on their sales.</p>			<p>product, budget, advertise and sell their product. Their proceeds will go to a local charity of choice.</p>	<p>auditor or financial service.</p> <p>Information Processing (INF) Gather information and process it from one form into another.</p> <p>Management & Marketing (MAM) Learn the processes associated with promotion for the sale of goods and services.</p>		
<p>Create Your Online World: Google Sites Web Design - Embark on an exciting adventure as you learn to create your very own online world! In this course, students will harness the power of Google Sites to</p>	<p>B ▾</p>	<p>Students will be evaluated through a combination of smaller skill checks and a final project, focusing on the development of their website. Assessments will include:</p> <p>Skill Checks: Throughout the course, students will complete various short assignments designed to assess their understanding of web design principles, content creation, and Google Sites</p>	<p>Final Project: The culmination of the course will be the creation of a fully functional website. Students will be assessed on their ability to apply the skills learned, including content relevance, design quality, interactivity, and overall</p>	<p>Information Processing (INF) Gather information and process it from one form into another</p> <p>Communication Technology (COM) Discover and develop skills related to technologies used to design, construct and relay a message for the purpose of connecting, informing, entertaining or selling products.</p>	<p>\$0</p>	<p>Mrs Boer</p>

<p>design and build a vibrant, interactive website that showcases their unique interests and passions. From brainstorming ideas to mastering web design techniques, you'll develop valuable skills in creativity, communication , and digital storytelling. Get ready to bring your vision to life and share it with the world!</p>		<p>functionalities. These may include quizzes, design drafts, and peer reviews to ensure hands-on learning and feedback. Participation: Active engagement in class discussions and activities will also be considered as part of the overall assessment, emphasizing the importance of collaboration and communication in the learning process.</p>	<p>presentation. This project will showcase their chosen topic and demonstrate their creativity and technical proficiency</p>			
<p>Art - students will explore their creativity and expression of self through the use of</p>	<p>B -</p>		<p>Personal Portfolio - students will select pieces that they feel most reflect</p>	<p>CTF is exploring interests, passions and skills while making personal connections to career possibilities.</p>	<p>\$10.00</p>	<p>Mrs. Jones</p>

<p>pastels, crayons/markers, watercolor and acrylic paint, and other tools to create art projects on canvas, paper, and other types of materials.</p> <p>No previous experience is required as everyone is learning on their art journey!</p>			<p>their growth and development over the term.</p> <p>The portfolio is a living document in the classroom and can be added to and taken away from as students develop their eye for art. The portfolio must contain between 4-6 pieces that the student believes shows their growth over the term.</p>	<p>I explore my interests and passions while making personal connections to career possibilities.</p> <p>A unified sequential course which focuses on three major components of visual learning:</p> <p>DRAWINGS or delineations: all the ways we record visual information and discoveries.</p> <p>COMPOSITIONS or structures: all the ways images are put together to create meaning.</p> <p>ENCOUNTERS with art: where we meet and how we respond to visual imagery.</p>		
<p>Yearbook</p>	<p>B ▾</p>	<p>Students will be assessed on their participation as well as cooperation and design throughout the semester.</p>	<p>The final yearbook and their final pages will be assessed.</p>	<p>Information Processing (INF) Gather information and process it from one form into another</p> <p>Communication Technology (COM)</p>	<p>Free</p>	<p>Mrs Boer</p>

				Discover and develop skills related to technologies used to design, construct and relay a message for the purpose of connecting, informing, entertaining or selling products.		
Drama - students will have the opportunity to participate in improvisation games to build their confidence and ability to adapt to various fictitious scenarios. Students will also put together a small skit or play by the end.	B ▾	Assessment will compromise class participation, projects and assignments.	A final drama skit produced by members of a group.	COMMUNICATION Developing skills that support effective relationships and collaborating to achieve common goals. Learning how to adapt to change and unexpected events.	Free	Miss Anderson
Facilitating Cooperative Games with Young Children: Students will learn about and participate in a	B ▾	A variety of assessment tools (rubrics, observations, assignments, pRojects) will be used to assess students' -Leadership skills: 25%	Students will teach/lead/facilitate a 20 minute cooperative game or activity to a	Health, Recreation & Human Services Exploring interests and passions while making personal connections to career possibilities.	Free	Mrs. Mulroy

<p>variety of cooperative games, primarily in the gymnasium. They will have the opportunity to practice their leadership skills throughout the term and will be required to lead a small group of elementary students in a cooperative activity.</p>		<p>-Organization Skills: 25% -Knowledge and Use of Cooperative Strategies and Structures: 50%</p>	<p>small group of Gr 2-5 students.</p>			
<p>Leadership Throughout the term, students will have various opportunities to take part in and lead school events and demonstrate capacities of</p>	<p>B ▾</p>	<p>Student grades will be based on a combination of project deliverables, teacher observations, peer and self-assessments, and reflections. Emphasis will be placed on student effort, participation, and demonstration of learning outcomes. Regular feedback and opportunities for revision will be provided throughout the term.</p>	<p>This Career and Technology Foundations course is related to the HUMAN & SOCIAL SERVICES (HSS) course cluster within the High School Career and Technology Studies Program of Studies.</p>	<p>Free</p>	<p>Monsieur Cust</p>	