

ÉCOLE MERIDIAN HEIGHTS SCHOOL



Bi-Weekly School Newsletter

MERIDIAN MINUTE
MAY 3, 2024

meridianheights.psd.ca

PRINCIPAL'S MEMO

This month we acknowledged the contributions of our support staff. Thank you to our Secretaries, Educational Assistants, and Librarian for all you do.

Along with our Humility assembly for one of monthly 7 Sacred Teaching themes, our school we also participated in an Earth Day Clean Up.

We are looking forward to the warm weather ahead and seeing community members out at our upcoming 5-9 track meet.

Ms. Strachan,
Principal



Memories from the Grade 9 Trip th Quebec

EVENTS :

- **May 8, 2024 at 6:30pm**
School Council Meeting
- **May 10, 2024 at 4:00pm**
EMHS Garage Sale
- **May 13, 2024**
Grade 9 ELAL Written PAT
- **May 15, 2024**
Grade 9 FLAL Written PAT
- **May 16, 2024**
EMHS 5-9 Track Meet
- **May 17, 2024**
PD Day - No School

Magic Athletics & PE

MH will be putting on our very own Track and Field day for our Grade 5-9s on Thursday, May 16th. We are looking for some parent volunteers to help run events and help with various other tasks. If you are free for all or part of that day, please fill out this [google form!](#)

Important Track Dates:

- -May 16: MH School Track Meet Grade 5-9
- -May 22: Zone Track Meet Grade 7-9
- -May 31: PSAA Track Meet Grade 7-9
- -June 4: Zone 5 Track Meet for qualifying Grade 7-9 (will only be a handful of kids attending)
- -June 6th: West Zone Track Meet for qualifying Grade 4,5,6s (Rainout June 11th)

Follow Us :



POWWOW PRACTICE

APRIL 12 & MAY 10
6 - 8 PM

With dance instructor Mariah Dumont and guest singers from Alexis Nakota Sioux Nation

LOCATION: PRESCOTT LEARNING CENTRE
340 PIONEER ROAD, SPRUCE GROVE

SOUP AND BANNOCK FOR THE FIRST 50 GUESTS
FREE FAMILY EVENT. ALL ARE WELCOME!

For more information email:
admin@skydancerindigenous.com




Wellness

- The Run Wild Race is happening this Saturday, May 4th at 10:30am at Central Park! Come and cheer on your school.
- Fun Day is happening on June 25th! There will be a survey going home soon if you would like to volunteer for the day.

Have you talked to your kids about...

What to do if they come across a wild baby animal? Giving animals space and refraining from handling them will ensure safety for all. Often times mothers hide their young safely away while they are off getting food. If you are concerned, always tell and adult contact WILD North 780-914-4118

School Council

Join us at our next School Council meeting on Wednesday, May 8th at 6:30 p.m. in the school Library. Can't make it? Parents and Guardians can submit questions to be asked on their behalf by emailing meridian.scchair@partner.psd.ca before noon on Tuesday (May 7).

Counselling Corner

May is the time of year when I begin the closure process for students who have been receiving counselling this year. Please continue to refer students in crisis to me. If you have a student you think would benefit from counselling, reach out to me and we will determine if I am able to support them for the remainder of the year or if referring them to external support is best.

MHSAA - Your Fundraising Parent Group

Sign up for hot lunch at mhsaa.hotlunches.net

Growing Smiles Flower Pick-Up

Growing Smiles fundraiser flowers can be picked up at our small gym on Wednesday May 8th, Thursday May 9th, and Friday May 10th from 3:20pm - 6:00pm.

Parent Volunteers

We are always looking for in class helpers! Stop by the office to complete your volunteer registration form and if you think you might exceed 10 hours, ask us about the process for completing a criminal record check. More information on volunteering in schools can be found [here](#).



ÉCOLE MERIDIAN HEIGHTS GARAGE SALE FUNDRAISER

MAY 10, 2024
4:30 PM - 7:30 PM

4119 43 ST,
STONY PLAIN
50 TABLES BOOKED



École Meridian Heights

VOLUNTEER OPPORTUNITY IN CLASS HELPERS