

# ÉCOLE MERIDIAN HEIGHTS SCHOOL



Bi-Weekly School Newsletter

**MERIDIAN MINUTE**  
**MARCH 15, 2024**

[meridianheights.psd.ca](http://meridianheights.psd.ca)

## PRINCIPAL'S MEMO

Congratulations to our athletes and coaches for the fantastic basketball and running seasons. We are looking forward to all of the Francofete activities planned for the upcoming week before Spring Break

All of our lost and found items will be packed up and given to Goodwill going into the break. If your child is missing something, have them take a look in the lost and found OR check out Facebook for pics of what our lost and found looks like!

**Ms. Strachan,**  
Principal



Our Kindergarten and Grade 9 Students Presenting at our 7 Sacred Teachings Assembly

## EVENTS :

- **March 22, 2024**  
PD Day - No School
- **March 22, 2024**  
Online Registration Closes
- **March 23 - April 1 2024**  
Spring Break - No School
- **April 5, 2024**  
7 Sacred Teachings Assembly

## Magic Athletics & PE

- Badminton is in full swing! Grade 5 & 6 team will be happening Wednesday mornings from 7:30am-8:15am. Juniors and senior teams have their schedule posted on our website. Mrs. Mulroy is coaching the senior team, Mme Pronovost and Mme Letourneau is coaching the junior team and Mme. Kerr is doing grade 5s and 6s.
- Banff fundraising is starting in April on Monday's there will be hotdogs for sale and on Wednesday's popcorn!

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## Registration Reminder

If you haven't already done so, it's time to register for the next school year! That includes busing if you need it. Registering before the Friday March 22nd deadline will help us immensely in planning for next year both at our school and at the PSD Transportation department. Work is currently underway building bus routes for next year already.

Any applications received after the application deadline may not be processed in time for the first day of school. If your child does not have a valid bus pass for the 2024-2025 school year, they will not be able to ride the bus.

How do I get started?

Visit <https://powerschool.psd.ca/public/> and log into your parent account. Once inside the Parent Portal:

- Select your child's name in the blue bar at the top of the screen.
- Select the RSVP icon on the left side of the screen.
- Begin reviewing all of your current Student Information we have on file, and follow the instructions on the screen to navigate through the various tabs in the form (Student Info, Address, Contacts, Medical, etc.).

I can't remember my login for the PowerSchool Parent Portal.

If you aren't able to retrieve your login credentials using the "Forgot Username or Password?" link on the sign-in page, please contact the school directly for assistance logging in to the Parent Portal.

## Online Safety: an Information Evening

The Prescott Learning Centre School Council would like to extend an invitation to any interested community members to attend a presentation and discussion on the topic of Online Safety. Parkland RCMP Cst. and former School Resource Office Gord Marshall will share his experiences and provide useful strategies for parents and guardians for protecting children and young adults while online.

Where: Prescott Learning Centre, 340 Pioneer Road, Spruce Grove

When: Wednesday, April 3rd @ 7:00 pm

Who (can attend): The parents and guardians of children and young adults and any interested community members

No RSVP required, we hope to see you on the 3rd.

## Wellness

Last week in the 4 to 6 Wellness classes, and the 7 to 9 Health & Life Skills classes students displayed a lot of maturity during some very important learning as they participated in presentations regarding human sexuality content from their respective curricula. This week, students in 7 to 9 are continuing their learning with presentations from the Sexual Assault Centre of Edmonton (SACE).

## Have you talked to your kids about...

Consistent bed and wake-up times? For 5-13 year olds, [Alberta Health Services](#) recommends 9-11 hours of uninterrupted sleep.

## School Council

Join us at our next School Council meeting on Wednesday, April 10th at 6:30 p.m. in the school Library. Can't make it? Parents and Guardians can submit questions to be asked on their behalf by emailing [meridian.scchair@partner.psd.ca](mailto:meridian.scchair@partner.psd.ca) before noon on Tuesday (Apr. 9).

## MHSAA - Your Fundraising Parent Group

Sign up for hot lunch at [mhsaa.hotlunches.net](https://mhsaa.hotlunches.net)

Join us in the library on April 10th 7:30-8:30pm

## Counselling Corner

I hope that over Spring Break you can relax and find connection with yourself and with those individuals that bring you joy.

Here is the March edition of [PSD's Stronger Together Newsletter](#).

## Library Magic

- Scholastic Book Fair is coming back this spring! Stay tuned for details!
- Don't forget to return your library books! There are return bins at the library desk and books can be returned any time. Families, if you can support your children with packing library books into their backpack once they are finished, we can make sure everyone has the opportunity to take home a new book weekly.

