

ÉCOLE MERIDIAN HEIGHTS SCHOOL



Bi-Weekly School Newsletter

MERIDIAN MINUTE
MARCH 1, 2024

meridianheights.psd.ca

PRINCIPAL'S MEMO

February sure had us tricked this year! Although we were happy for the spring-like temperatures at the beginning of the month, we are certainly happy to see snow again.

Next week, PSD Vive le français Winter Carnival will be taking place on Thursday, March 7th in Central Park in Spruce Grove. Everyone is invited to come join the winter fun!

Ms. Strachan,

Principal



EMHS Grade 6 Band Performance

EVENTS :

- **March 7, 2024**

Running Room Games at the Butterdome

- **March 7, 2024**

Vive Le Français - Spruce Grove Central Park

- **March 8, 2024**

Snow club goes to Rabbit Hill

- **March 13, 2024 6:30pm**

School Council Meeting

- **March 22, 2024**

PD Day - No School

- **March 23 - April 1 2024**

Spring Break - No School

Magic Athletics & PE

- Basketball season is wrapping up, shout out to all our athletes who competed in quarters and semi finals this week! Thank you to all of our amazing basketball coaches who put in time with our athletes!
- Badminton open gym will be happening the week of March 11-15 and then tryouts the week of March 18-21. We are looking for coaches if any of you have badminton experience and are interested in helping out, let Mrs Mulroy or Mme Kerr know.

Follow Us :



Registration Reminder

If you haven't already done so, it's time to register for the next school year! That includes busing if you need it. Registering before the Friday March 22nd deadline will help us immensely in planning for next year both at our school and at the PSD Transportation department. Work is currently underway building bus routes for next year already.

Any applications received after the application deadline may not be processed in time for the first day of school. If your child does not have a valid bus pass for the 2024-2025 school year, they will not be able to ride the bus.

How do I get started?

Visit <https://powerschool.psd.ca/public/> and log into your parent account. Once inside the Parent Portal:

- Select your child's name in the blue bar at the top of the screen.
- Select the RSVP icon on the left side of the screen.
- Begin reviewing all of your current Student Information we have on file, and follow the instructions on the screen to navigate through the various tabs in the form (Student Info, Address, Contacts, Medical, etc.).

I can't remember my login for the PowerSchool Parent Portal.

If you aren't able to retrieve your login credentials using the "Forgot Username or Password?" link on the sign-in page, please contact the school directly for assistance logging in to the Parent Portal.



Wellness

Grades 4, 5, 6, 7, 8, and 9 Human Sexuality content will be taught very soon in Wellness (4/5/6) and Health & Life Skills (7/8/9) classes. Teachers have sent home copies of information letters, formal notices, and exemption forms both in hard copy and digital forms via email.

Have you talked to your kids about...

How to be safe online? Check out this excellent guide from [Parkland School Division on Online Safety](#).

School Council

Join us at our next School Council meeting on Wednesday, March 13th at 6:30 p.m. in the school Library. Can't make it? Parents and Guardians can submit questions to be asked on their behalf by emailing meridian.scchair@partner.psd.ca before noon on Tuesday (Mar. 12).

MHSAA - Your Fundraising Parent Group

Sign up for hot lunch at mhsaa.hotlunches.net

Join us in the library on March 13th 7:30-8:30pm

Counselling Corner

Children learn about the world and themselves through play. Play is the building block for children to foster cognitive development, literacy skills, build social skills, promote physical fitness & emotional intelligence, and to explore and learn personal boundaries. Play is a child's form of communication and through play strong and healthy attachments with caregivers forms.

Books Suggestion: Rest, Play, Grow explores how you can build strong and healthy attachments with your preschool child and highlights the importance of play.

Check out some ways to play through different developmental stages.

Here is the March edition of [PSD's Stronger Together Newsletter](#).

Band Bulletin

Our February band startup clinic was a blast this Thursday afternoon! Students in 6B, as well as our Junior High Band, attended a startup clinic to learn from guest teachers on their chosen instrument. They learned how to assemble their instruments, produce a sound, and play their first few notes.