

ÉCOLE MERIDIAN HEIGHTS SCHOOL



Bi-Weekly School Newsletter

MERIDIAN MINUTE
FEBRUARY 16, 2024

meridianheights.psd.ca

PRINCIPAL'S MEMO

We hope everyone finds some time to enjoy time together this Family day long weekend.

Registration is now open for the 2024-2025 school year. Please visit [Parkland School Division's registration page](#) to complete the enrollment process.

If you have a student in Grade 4 or 7, please keep an eye out for the Alberta Education Parent and Guardian Assurance Survey in the mail. More information on how the Assurance Measure Surveys for parents, students, and staff can be found [here](#).

Ms. Strachan,

Principal



EMHS Grade 6 Band Performance

EVENTS :

- **February 16, 2024**
Family Day - No School
- **February 21, 2024 6:30pm**
School Council Meeting
- **February 22, 2024 12:30pm**
Start-up Band Clinic
- **February 23, 2024**
Snow Club Goes to Rabbit Hill
- **February 28, 2024**
Pink Shirt Day

Magic Athletics & PE

- EMHS Ski and Snowboard Club is full to the brim! We are excited to hit the slopes in a few weeks! Participants should all have a parent who is signed up for "Remind" updates.
- Thanks to Mme Pronovost and Mme. Gervais for leading the charge with our Indoor Running Room Games Teams! Grades 4-6 will practice after school from 3:15-4pm on Tuesdays and Thursdays. Grades 7-9 will practice on Wednesdays & Fridays after school from 3:15-4pm. Junior highs race on Monday February 26th at 4pm and Elementary races on March 6th at 2pm both at the Butterdome at the University of Alberta.

Follow Us :



Textiles Option - Supplies Needed

Meridian is going to be offering a textiles option for our JH students in their new term. This option is welcoming any of the following donations such as:

- Materials of all kinds
- Needles, thread & pins
- Material tape measure
- Beeswax
- Stuffing
- Seem splitters, rotary cutters & mat
- Anything else that seems fun to have on hand!

Band Bulletin

6B Beginning Band Startup Clinic: Students in 6B will be participating in a startup clinic on February 22nd. Professional guest teachers on each instrument will be coming to the school to teach students how to assemble their instrument, produce a sound, and play their first few notes. We are excited to begin playing instruments next week!

EMHS Virtual Band Connect: Junior High Band students will be participating in a virtual performance and Q&A session this month with students from Pace Academy in Atlanta, Georgia.

School Council

Join us at our next School Council meeting on Wednesday, February 21st at 6:30 p.m. in the school Library. Can't make it? Parents and Guardians can submit questions to be asked on their behalf by emailing meridian.scchair@partner.psd.ca before noon on Tuesday (Feb. 20).

Changing Temperatures

With all of the ups and downs in the weather lately we would like to remind students and our families to be cautious as you are moving around the school yard. Sidewalks and paths are maintained regularly. Please let the office know if any walkways need our attention. The field and some tarmac spots have been quite slippery at times. Please use caution when walking on these areas.

MHSAA - Your Fundraising Parent Group

Sign up for hot lunch at mhsaa.hotlunches.net

Join us in the library on February 21st 7:30-8:30pm

Counselling Corner

There is a theory by Dr. Gary Chapman that each person expresses and feels love in the same five ways: Acts of Service, gifts, physical touch, quality time, and words of affirmation. Dr. Chapman referred to this as the 5 Love Languages. Usually the way a child shows love is also the way they prefer to receive it. Knowing your child's love language builds attachment and contributes to their emotional safety and well-being.

Here is the February edition of PSD's Stronger Together Newsletter.

Wellness

Grade 4 to 9 families, please watch for forms to come home in the coming week that pertain to human sexuality content that will be covered in the near future from the Wellness (4,5,6) and Health & Life Skills (7,8,9) curriculums.

A snapshot of our grade 5s building numeracy skills through our bilingual bean count bonanza

