

ÉCOLE MERIDIAN HEIGHTS SCHOOL



**MERIDIAN MINUTE
NOVEMBER 24, 2023**

meridianheights.psd.ca

PRINCIPAL'S MEMO

Congratulations to our volleyball teams and their coaches for a spectacular season. Our senior girls battled Broxton Park in an exciting season finale and brought home the championship banner!

As we wrap up November and head into December there are many school events happening at Meridian. Be sure to check your weekly updates from teachers to stay in the loop. We are really looking forward to seeing you at our Meridian Market and our

Ms. Strachan,

Principal

Magic Athletics & PE

- Basketball season is here! Tryouts start on Monday, November 27th. Grade 7-9 Boys 3:15-5pm and grade 7-9 Girls 5-6:30pm.
- Meridian Heights Ski Club will be running again this year! As our first trip to Rabbit Hill is not until mid-February, information about the club and registration forms will be coming out after Christmas.

Bi-Weekly School Newsletter



Meridian Heights Remembrance Day Ceremony

EVENTS :

- **December 5, 2023 @ 6:30pm**
Canadian Parents for French (CPF) Meeting at Broxton
- **December 6, 2023**
Meridian Christmas Market
4:30pm-6:30pm
- **December 13, 2023**
School Council 6:30-7:30pm
in the library commons
- **December 19 & 20, 2023**
Christmas Concerts - See
Page 2 for details
- **December 22, 2023**
PD Day (No School)
- **December 23 - January 7**
Winter Break (No School)

Follow Us :



Meridian Christmas Market

The School is hosting its first ever Meridian Christmas Market! Please mark your calendars as December 6th, from 4:30pm to 6:30pm, you can expect a student art walk, vendors selling their fantastic goods, a small concession, live music and Santa will also be attending!

If you or your child would like to be a vendor at this first ever market, please fill out the following form and submit it to the office. [MCM Vendor Form](#)

Choir Connection -- A note from your choral director, Mrs. Huedepohl

Hello friends! It is that magical time of year when we sing loud for all to hear! There are three Christmas concerts happening at Meridian Heights this holiday season. The FIRST TWO CONCERTS ARE THE SAME: only the audience members change! If possible, we ask guests to attend according to this schedule so that the audience is not overflowing.

Show 1: Tues/Thurs Kinder/Maternelle to Grade 3

Tuesday 19 December 2023 11:00 a.m.

Audience: Families of the Children in the Following Classes:

- Tues/Thurs/ Kinder Maternelle families
- Grade 1/2 Gervais
- Grade 2 McInroy
- Grade 3 Munro
- Grade 3 LeBritton

Show 2: Mon/Wed Kinder/Maternelle to Grade 3

Wednesday 20 December 2023 11:00 a.m.

Audience: Families of the Children in the Following Classes:

- Mon/Wed Kinder/Maternelle families
- Grade 1 Rachuk
- Grade 1 Cloutier
- Grade 2 Pelletier
- Grade 3 Paterson

The third show is the Choral/Band Concert for Mini Magique (grade 4-5-6 Choir), Grade 7-8-9 Band and for Magic Voices. This show will feature some familiar favourites that have been sung at Meridian Heights for many years, as well as some new pieces. And we are super excited to welcome our grade 7-9 band programme back into the mix! This will be a fun evening.

Wednesday 20 December 2023 6:30 - 7:30 p.m.

Call time for choristers: 5:45 p.m. (students are asked to come to the music room or band room)

Audience: Families of Mini Magique, Grade 7-8-9 Band and Magic Voices.

Out of School Care Spaces Available

Parkland Out of School Care currently has 5 spaces available within the Meridian Heights Program. For more information or to register, please contact:

Cindy Van Beers

Phone: 780-918-7825

Email: cindyvanbeers1@gmail.com

School Council

Join us at our next School Council meeting on Wednesday, December 13 at 6:30 p.m. in the school Library. Join our School Council team as Secretary and play a key role in fostering communication and organization – your skills can make a lasting impact on our school community

MHSAA - Your Fundraising Parent Group

Sign up for hot lunch at mhsaa.hotlunches.net

Join us in the library on Dec 13th 7:30-8:30pm

Counselling Corner

November is Family Violence Prevention Month. Did you know that Alberta has the 3rd highest self-reported spousal violence rates in Canada. Family violence is preventable and there is help available. To learn more about the warning signs of family violence visit Real Talk. Community resources are also available if you or someone you know is experiencing domestic abuse.

Wellness

A reminder to families that Meridian Heights' Breakfast Club is open EVERY school day to ALL students at NO COST. Students are welcome to come anytime between 8:15am-8:36am. Students who attend are asked to enter the school through the unlocked front doors and make their way to room 147 (our multi-purpose room in the gathering area). They are free to "dine in" or take their breaky to go. Though it may change from week to week, cereal, toast, fruit and yogurt are typically available.

A Note from Transportation

As you can imagine with 50 - 60 students on a bus it is difficult to have students bring any more items on the bus than what they can have on their lap. Not only is there not enough room but all Schools Buses are required to follow the National Safety Code and are required to be compliant with load securement. Please check out [PSD's Transportation Guide](#) for detailed information.

Our school is once again collecting donations for the Kinsmen Christmas Hampers. This year, we are collecting gift cards, toys, and nonperishable food items! Please see [this letter for more details](#).