

École Meridian Heights School

Be The Best You Can Be!



Principal: Treena Neumann
Assistant Principals: Dana Lakusta & Nicole Saulnier
Address: 4119-43 Street
Stony Plain, AB
T7Z 1R2
Phone: 780-963-2289 Fax: 780-968-2193
E-mail: meridian@psd.ca

School Website: <https://meridianheights.psd.ca>
Parkland School Division Website: www.psd.ca

PSD Vision, Mission & Priorities

Vision

Our students possess the confidence, resilience, insight and skills required to thrive in, and positively impact the world.

Mission

We assure supportive learning environments, meaningful experiences and healthy relationships that create opportunities to develop resilience, to gain diversity in perspectives and to achieve enduring success.

Foundational Statements

Our Ultimate Goal is Student Success and Well-Being. We therefore value:

- Learning opportunities that are:
 - Purposeful
 - Essential
 - Relevant
 - Authentic
 - Responsive
- Excellence in achievement
- Trustworthy, respectful relationships
- Resilience with self-awareness

Priorities

- Student Wellness & Workplace Wellness
- Equity, Diversity, & Community
- Indigenous Perspectives & Ways of Knowing
- Programming and Pedagogy



Calendar of Events

[LINK TO GOOGLE CALENDAR](#)

Bell Schedule 2025/26

Kinder - Grade 5

8:15am	Buses Arrive & Supervision Begins
8:25 am	Welcome Bell
8:29am	Start of Class Bell
8:30 am - 9:05 am	Block 1
9:05 am - 9:40 am	Block 2
9:40 am - 10:15 am	Block 3
10:15 am - 10:30 am	Recess
10:33 am - 11:08 am	Block 4
11:08 am - 11:43 am	Block 5
11:43 - 12:18 pm	Block 6
12:18 pm - 1:18 pm	Lunch Recess
1:21 pm - 1:56 pm	Block 7
1: 56 pm - 2:31 pm	Block 8
2:31 pm - 3:06 pm	Block 9
3:06pm	Dismissal
3:15pm	Buses Depart & Supervision Ends



Bell Schedule 2025/26

Grade 6 - Grade 9

8:15am	Buses Arrive & Supervision Begins
8:25 am	Welcome Bell
8:29am	Start of Class Bell
8:30 am - 9:23 am	Block 1
9:23 am - 10:15 am	Block 2
10:15 am - 10:30 am	Recess
10:33 am - 11:26 am	Block 3
11:26 am - 12:18 am	Block 4
12:18 pm - 1:18 pm	Lunch Recess
1:21 pm - 2:14 pm	Block 5
2:14 pm - 3:06 pm	Block 6
3:06pm	Dismissal
3:15pm	Buses Depart & Supervision Ends



Communication

For up to date news and information check our school [website](#).

Meridian Heights Hype Monthly Newsletter

In addition to classroom teacher's weekly communication/class newsletter, a monthly school newsletter will be sent home electronically to the email provided on PowerSchool. This document contains school news, important dates, and information from our School Council and Parents' Association. It will also be available on our website.

PowerSchool

Powerschool allows you to view in real time your child's progress, to update information, pay fees, and access attendance info and report cards. By keeping your information up-to-date, you can also receive important messages from our office. If you require assistance accessing or using PowerSchool, please refer to this [webpage](#), or contact our school office.

Reporting Absences

To report please use the online Arrive Safe App to report an absence for your child. To do this, please follow these directions:

<https://meridianheights.psd.ca/parents/report-an-absence>

Alternatively, you can inform your child's teacher or call the main office (780)963-2289

Messages to Students

Our office staff will do its best to convey urgent messages to students and staff. However, we cannot guarantee that messages received after 2:30 pm will be delivered or received by students and staff before dismissal.

Change of Address/Phone Number

Please update this information through the parent portal in PowerSchool. This is extremely important in case of emergency. Alternatively you can notify the office of any changes to address, phone number or emergency contacts.



School Safety

Allergies

Some of our students and staff have life-threatening allergies to nuts and nut products. Therefore, our school is “NUT-AWARE”. We are asking for your help and cooperation should your child have an allergy, please notify the teacher at the start of the year and alternative spaces can be provided. Thank you in advance for your commitment to our safety!

Medication

In order for school staff to administer medication to any student we must be in compliance with Parkland School Division [Administrative Procedure 782: Medical - Administering Prescribed Medications](#).

Drop Off & Pick Up

Please note the following important information regarding child safety at École Meridian Heights School:

MORNING ARRIVAL

We look forward to welcoming students at **8:15 a.m.** No supervision is provided prior to this time. **We ask that parents do not enter the main parking lot between 8:15 - 8:35 and 2:45 - 3:15** in order to ensure that buses can move through the parking lot. The reduced traffic flow in the parking lot also helps us to ensure the safety of students walking, biking, scootering etc. to school. Parents are welcome to park on 44th Avenue or 43 Street to drop students off.

- Buses arrive and supervision begins at 8:15 a.m.
- Students will enter the building through their designated doors when the bell rings at 8:29 a.m.

AFTERNOON DISMISSAL

Students will be dismissed at **3:06 p.m** from their homerooms and exit through their designated doors.

- Parents/Guardians picking up students at school are asked to ensure they have parked on 43 Street or 44 Avenue.
- Parents/Guardians are asked to wait outside of the school when picking up their children



Entering & Exiting the Building

We are sure that everyone will agree that our children's safety is paramount. We appreciate your attention to these details.

1. Students enter the school through their designated doors. The main doors at the front of the building are for adults and guests to our school, or students arriving late or being picked up early and our Kindergarten and Gr 1 students.
2. Exterior doors, with the exception of the main entrance doors, are locked during instructional hours.
3. Parents picking up students at the end of the day are asked to wait outside for their child/children.

Late Arrivals & Early Departures

If your child is arriving late to school, please ensure he/she comes in the front doors and reports to the office to sign in. Likewise, if you are picking your child up early, please ensure that you have called the office and have notified the teacher of the student leaving. When picking up your child you will be asked to come into the school to sign him/her out.

Grade 7-9 Home for Lunch Privileges

Our gr 7-9 students may leave campus at lunch recess, however parental permission is required. A permission form will be sent home during the first week of school.

Visiting École Meridian Heights School

All visitors, including parents, are required to sign in at the school office upon arrival. Please do not travel through the school prior to speaking with a member of our office staff.



Emergency Response Procedures

Parkland School Division's first priority is the safety, security, and well being of our students and staff. Throughout the year, students and staff practice emergency procedures such as lockdowns and emergency evacuations.

Your cooperation is vital to helping us protect the safety and welfare of all children and school employees. Please observe the procedures explained below. Greater explanation can be found on the [Parkland School Division website](#).

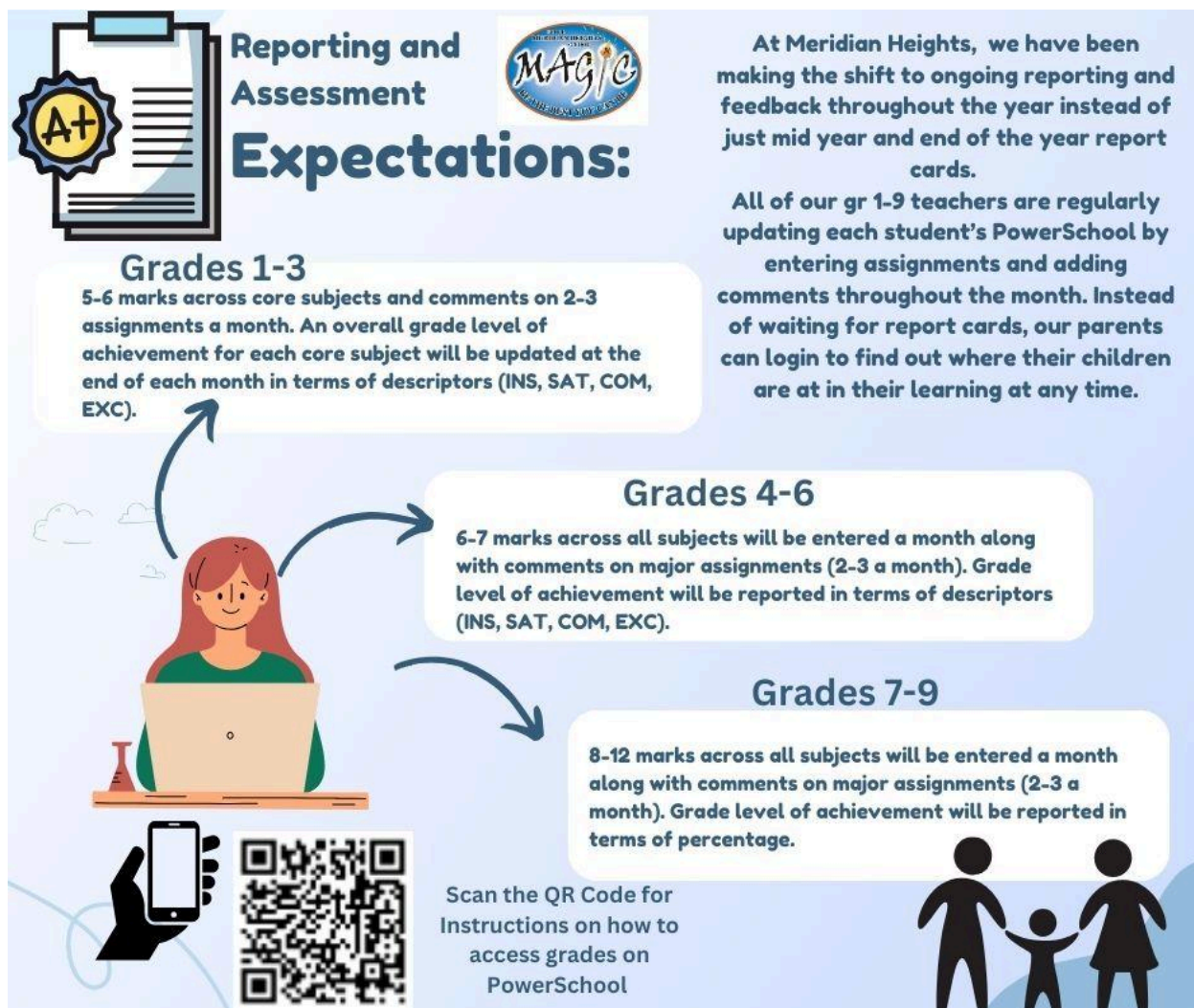
In The Event Of An Emergency:

- **Do not call the school or your child's cell phone.** It is important that phone systems be open and available for emergency communications. By calling your child's cell phone, you could potentially put them in harm's way, depending on the nature of the crisis. We will ensure that you get the information you need by contacting you.
- **Do not come to the school until instructed to do so.** In the event of a lock-down or shelter-in-place, the school will be locked with NO arrivals or departures. You will not be allowed to pick up your child until after an "all-clear" is given and established student release procedures are in order.
- **Check the following to receive quick and accurate emergency announcements and status reports:**
 - [École Meridian Heights School Website](#)
 - [École Meridian Heights School Facebook page](#)
 - PSD [Twitter](#) and [Facebook](#)
 - PSD Centre for Education (780-963-4010)
 - Local radio station



Assessment & Reporting

At Ecole Meridian Heights School we use PowerSchool to inform parents regarding their child's ongoing assessment. Powerschool is updated regularly for up to date reporting for families. The frequency and details regarding assessment and reporting will depend on your child's grade level and course selection. Please see below:



Additional information regarding Reporting and Assessment can be found at:
[Administrative Procedure Assessment and Reporting](#)



Student Code of Conduct

Code of Conduct

In Parkland School Division, all members of our school community are expected to promote and demonstrate respect, civility and responsible citizenship.

With these goals in mind, everyone must:

- Demonstrate honesty and integrity.
- Respect differences in people, their ideas and their opinions.
- Acknowledge the right of everyone to be treated with dignity, at all times.
- Take appropriate measures to help those in need.
- Use non-violent means to resolve conflict.
- Honour the role(s) of persons in positions of authority.
- Show care and regard for school property and the property of others.
- Comply with all applicable federal, provincial and municipal laws.

We are all models for the kinds of citizens we desire to be. We teach and learn by example.

The Division's expectations for conduct are outlined in the following documents:

- [Administrative Procedure 390: Community, Equity and Belonging](#)
- [Administrative Procedure 360: Student Discipline](#)
- [Administrative Procedure 350: Code of Conduct](#)

Expectations for Students at Ecole Meridian Heights School

1. Conduct yourself in accordance with the Parkland School Division Code of Conduct.
2. Demonstrate respect for self, others, and the space.
3. Engage in productive work.
4. Use technology appropriately.

Students are expected to show this respect by:

- Attending class and being prepared for learning
- Dressing in a respectful manner that is appropriate for a learning environment of mixed ages and genders (see dress code)
- Using appropriate and respectful language



- Following school and classroom rules
- Follow the Cell Phone policy as outlined below
- Cooperating with and following directions of staff members
- Acting in a safe manner which does not threaten the safety of students or staff
- Remaining on school property during the school day, unless excused and signed out
- Showing consideration for personal and school property
- Helping to preserve the natural environment
- Reporting instances of bullying and refraining from bullying behaviours, whether in-person or online

These expectations apply to and from the school, during the school day, as well as by electronic means. These also include both on-campus and off-campus activities (including, but not limited to, field trips and sporting events).

Unacceptable Behaviours

Unacceptable student behaviours include, but are not limited to:

- Behaviours that interfere with the learning of others and/or the school environment
- Behaviours that create unsafe conditions for staff or students
- Acts of bullying, harassment, or intimidation
- Physical violence
- Retribution against any person in the school who has intervened to prevent or report bullying or any other incident or safety concern
- Abuse of the Division computer network, the internet, email or any electronic privileges
- Tampering with fire, fire alarm or safety equipment
- Illegal activity such as:
 - Possession, use, or distribution of illegal or restricted substances such as tobacco products (including vapes and e-cigarettes), cannabis, illegal drugs, alcohol, inhalants
 - Possession or use of weapons
 - Theft or damage to property



- Possession of drug paraphernalia, including any item used in connection with ingesting, selling and/or distributing prohibited substances
- Conduct that displays an attitude of willful, blatant or repeated refusal to comply with school rules

Consequences

Consequences may involve, but are not limited to:

- Extra supervision (accompanying a supervisor outside or being in a designated area)
- Apology (verbal or written)
- Explaining the situation to parents / parent involvement
- Seating plan on the bus
- Reflective writing
- Sessions to build the lagging skill
- Signing a Behaviour contract
- Problem solving, monitoring, or reviewing behaviour expectations with the student, and or a reprimand
- Assignment of designated tasks
- Temporary removal of privileges
- Student detention
- Participation in a restorative conference/meeting
- Referral to provincial attendance board
- Implementation of an in-school short-term opportunity placement
- Suspension from riding the school bus
- Suspension from school
- Referral to a Disciplinary Hearing (as outlined in Administrative Procedure 360: Student Discipline)
- Expulsion from school (by the Board upon recommendation of the Principal)

Our Student Code of Conduct exists to ensure that each student and staff member has access to a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging.



The Code of Conduct ensures that our school promotes a culture of wellness that:

- Establishes and maintains a welcoming, caring, respectful, and safe learning environment for all students, staff, families and the greater community;
- Establishes and maintains an appropriate balance between individual and collective rights, freedoms, and responsibilities in the school community;
- Establishes and publishes expectations for student behaviour while at school, at a school-related activity, or while engaging in an activity at any time that may have an impact on others in the school; and
- Ensures that healthy environments exist in all schools that are free from fear, discrimination and harassment while promoting inclusive strategies to ensure that every student is treated with respect and dignity.

In keeping with a commitment to the Alberta Human Rights Act and the Canadian Charter of Rights and Freedoms, in Parkland School Division, everyone is accepted and experiences a sense of belonging. The Division supports the endeavours of staff, students, parents and the community to promote positive student behaviour and conduct throughout our community of schools. Parkland School Division has a responsibility to ensure that each student enrolled in a school operated by the Board and each staff member employed by the Board is provided with a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging.

All stakeholders in the success and well-being of students, and especially the students themselves, are expected to recognize their responsibilities in developing student self-discipline within a culture of wellness. Staff members and students will not be discriminated against as provided for in the Alberta Human Rights Act or the Canadian Charter of Rights and Freedoms.



Managing Conflict and Misconduct

Sometimes children make mistakes, and that's part of growing up. On that journey, they need our guidance as teachers, administrators, bus drivers, and home adults. Our staff believe in being very clear about their expectations, and then following through with support, education, and consequences. We have a proactive approach to student discipline by reinforcing active citizenship within our school.

When Conflict and Misconduct Happens

With over 600 students interacting every day, misconduct and conflicts can occur. When this happens, we believe that the first line of contact about student needs or misconduct are with the classroom teachers, recess supervisors, and bus drivers.

You could receive a phone call or email message from the teacher or bus driver for anything from teasing to homework to physical fighting. Please remember, teachers and drivers are very busy: they deal with many small concerns within the normal structure of the day, and they can't communicate everything. If your child reports a concern to you, please reach out to your child's teacher to ask questions and seek clarification. We would be happy to work with you in this regard.

Office Support

Our teachers, recess supervisors, and drivers do an exceptional job of managing most concerns at the classroom level or bus level, but occasionally they require support from our office team (principal, assistant principals, counsellor).

Dress Code

Purpose of the Dress Code at EMHS

Students at Ecole Meridian Heights School are expected to dress in a way that is appropriate for their role as a learner in our school community. The Dress Code at EMHS has been established to define the balance of allowing students to express themselves and to be comfortable while ensuring that student attire remains appropriate for a K-9 school setting. Student dress choices must respect our school's commitment to creating a safe, caring and inclusive learning environment. The staff at Ecole Meridian Heights School recognize the shared



responsibility between students, parents and staff to support our students in adhering to this dress code.

The following descriptions and list of items is intended to provide further clarification on how the previously outlined purpose of the EMHS dress code will be interpreted within our school community. In acknowledging that it is not possible to pre-determine all questions that may arise regarding student attire, as other questions or circumstances present, staff will refer back to the purpose of the Dress Code at EMHS in their decision making process.

Some examples of clothing that does not align with the expectations of the EMHS Dress code are as follows:

- Attire that contributes to a hostile or intimidating atmosphere for any student,
- Attire that increases marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size.
- Attire that is unsafe for the environment (e.g. inappropriate footwear for Physical Education)
- Attire or accessories with offensive images or language, including profanity, hate speech, and/or pornography.
- Attire that denotes, suggests, displays or references alcohol, drugs or related paraphernalia or other illegal conduct or activities.
- Attire that will interfere with the operation of the school, disrupt the educational process, invade the rights of others, or create a reasonably foreseeable risk of such interference or invasion of rights.
- Attire that reasonably can be construed as being or including content that is racist, lewd, vulgar or obscene
- Attire that contains defamatory speech, or threats to others.

Process to Address Dress Code Infractions:

Should a student's clothing not adhere to the Dress Code of EMHS as outlined above, the following process will be initiated.



- The staff member will explain to the student as discreetly as the environment permits, how the clothing item does not align with the dress code.
- The student will be asked to put on a different piece of clothing if they have one.
- The student may choose to borrow a piece of clothing from a classmate or peer.
- The student will be offered, when available, a piece of laundered clothing from the school.
- The student and staff member may call a parent to deliver alternate clothing.

Cell Phone and Technology Policy

AP 670 Personal Mobile Devices

The staff at École Meridian Heights recognize the potential for technology to support purposeful learning opportunities for our students. We also acknowledge the need to ensure an appropriate balance within the use of technology within our learning community throughout the school day. With that in mind, the following policies have been developed to outline the technology expectations within our school.

Technology Policy: Grades K-9 Cell Phones & Electronic Devices

- Devices as Tools for Learning
 - We are a BYOD school – this means we encourage students to Bring their Own Device.
 - The required device should have a keyboard and have enough space to accommodate the Google Chrome extensions (drive, classroom, etc.) required to complete daily tasks. If an individual or school supplied Chromebook is not available, students are expected to complete work on paper.
 - ***We do not consider a cell phone a device.***
- Cell Phones



- Cell Phones are to remain in backpacks/lockers for the duration of the school day, including all breaks.
- Cell phones may be checked at the start of morning and lunch break at the designated time.
- **Wireless earbuds, such as airpods, are considered an extension of cellphones** and also need to be locked away in lockers. (student can bring wired headphones or use a school pair to connect to their devices for learning purposes)
- Teachers will direct students when they can use their phone for specific tasks, *ie. Media Arts or related projects*. (school calculators and visual timers are always accessible).
- If a student needs to communicate with parents while at school, they are welcome to use the community student phone in the front office.

Support Plan for Unexpected Cell Phone or Wireless Earbud Use:

- During the grace and learning period, the first week of school each year, students will be reminded of the expectations and asked to return the device to their lockers.
- Once the grace period has ended, students will be asked to deposit their device at the office for safekeeping and can pick it up at the end of the day.
- If a student needs to communicate with parents while their phone is in the office, they are welcome to use the community student phone.
- If a student continues to experience difficulty leaving their cell phone in their locker, teachers, administration, and parents will work together to create an alternative plan.